

Won't Act My Age

COPPERKNOB
STEPSHEETS

拍數: 66 牆數: 2 級數: Phrased Steptacular Advanced
編舞者: Alison Metelnick (UK) & Peter Metelnick (UK) - April 2015
音樂: Act My Age - One Direction



Start after he says 1-2-3-4 (very quick intro only 2 secs) – 3mins 18secs –
Parts A, B, C = 144bpm – Part D = 68bpm (NC2)

Sequence:

- .1st time starting facing front: □2A, 2B, 2C, 1D
- .2nd time starting facing back: □A, B, 2C, 2D
- .3rd time starting facing front: □2A, NO B, 2C – with TAG, 2D, EXTRA STEPS
- .4th time starting facing front: □2A, Strike a pose!

A

[1-8]□Step/stomp R & L apart, R ball step, R fwd, L fwd, ½ R pivot turn, L fwd shuffle

- 1-2 Step/stomp R apart, step/stomp L apart
- &3-4 Step R in, step L together, step R forward
- 5-6 Step L forward, pivot ½ right
- 7&8 Step L forward, step R together, step L forward

[9-16]□R & L apart, R in, L kick ball change, L fwd rock/recover, L coaster

- &1-2 Step R apart, step L apart, step R in
- 3&4 Kick L forward, step L together, step R forward
- 5-6 Rock L forward, recover weight on R
- 7&8 Step L back, step R together, step L forward

B

[1-4]□Step R side, touch L together, L chassé

- 1-2 Step R side, touch L together
- 3&4 Step L side, step R together, step L side

C

[1-8]□R chassé, L cross rock & recover, ¼ L shuffle, ½ L shuffle

- 1&2 Step R side, step L together, step R side
- 3-4 Cross rock L over R, recover weight on R
- 5&6 Turning ¼ left step L forward, step R together, step L forward
- 3 rd Time through TAG: □Facing the back wall dance 1st 6 counts, then add the following 2 counts:
- 1-2 Turning ¼ left to face front wall step/stomp R to side, step/stomp L to left and then dance D
- 7&8 Turning ½ left step R back, step L together, step R back

[9-16]□½ L shuffle, R fwd rock/recover, R coaster cross, L side, hold, R together

- 1&2 Turning ½ left step L forward, step R together, step L forward
- 3-4 Rock R forward, recover weight on L
- 5&6 Step R back, step L together, cross step R over L
- 7-8& Step L side, hold, step R together,

[17-24]□L side, R together, L side, hold, R together, L side rock/recover, L cross shuffle

- 1-2 Step L side, step R together
- 3-4& Step L side, hold, step R together
- 5-6 Rock L side, recover weight on R
- 7&8 Cross step L over R, step R side, cross step L over R

[25-32] □ ¼ L shuffle, ½ L shuffle, R fwd, ½ L pivot turn, R kick ball cross

- 1&2 Turning ¼ left step R back, step L together, step R back
3&4 Turning ½ left step L forward, step R together, step L forward
5-6 Step R forward, pivot ½ left
7&8 Kick R forward, step R back, cross step L over R

D

[1-8] □ R night club basic, ¼ L, R fwd, ½ L pivot turn, ¼ L & R side, L behind, R side, L cross rock & recover, L side, R together

- 1-2& Step R side, rock L back, recover weight on R
3-4& Turning ¼ left step L forward, step R forward, pivot ½ left
5-6& Turning ¼ left step R side, cross step L behind R, step R side
7&8& Cross rock L over R, recover weight on R, step L to left side, step R together

[9-14] □ L fwd box, L coaster, R fwd, ½ L pivot turn

- 1-2&3 Step L forward, step R side, step L together, step R back
4&5 Step L back, step R together, step L forward
6& Step R forward, pivot ½ left
3 rd time – EXTRA STEPS, at the end of the last D you need to mark time before dancing A
 once more:
1-2 Step R forward, step L forward

Then hold for a SLIGHT PAUSE and listen for the group to say “hey” and then dance A (takes just a wee bit of practice!) one more time.

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