Whipped Cream

級數: High Beginner

編舞者: Carrie Bauer (USA) - February 2015

音樂: Whipped Cream - Herb Alpert & The Tijuana Brass : (Album: Whipped Cream and Other Delights)

Intro: 8 counts (NOTE: this is a SHORT intro!) and the tempo is quick. There are two versions of this.

The one on the album above is slower than those on the "Greatest Hits" album, so be aware!

[1-8] RUMBA BOX RIGHT AND BACK

- 1-2 Step R to right side, step L next to R
- 3-4 Step R back, touch L next to R
- 5-6 Step L to left side, step R next to L
- 7-8 Step L forward, touch R next to L

[9-16] ONE SLOW CHARLESTON

- 1-2 Step R forward (1), Hold (2)
- 3-4 Sweep L forward and point front (3), Hold (4)
- 5-6 Step L back (3), Hold (6)
- 7-8 Sweep R back and point behind (7), Hold (8)

[17-24] I MAMBO RIGHT, MAMBO LEFT, REPEAT

- 1-4 Rock R to right side (1), recover L (2), step R next to L (3), Hold (4)
- 5-8 Rock L to left side (5), recover R (6), step L next to R (7), Hold (8)

Restart here on Wall 3 and Wall 8.

[25-32] JAZZBOX ¼ TURN RIGHT (TO 3:00 WALL)

- 1-2 Cross R over L (1), Hold (2)
- 3-4 Step L back with ¼ turn to the right (3), Hold (4) (3:00 wall)
- 5-6 Step R to right side (3:00 wall)(5), Hold (6)
- 7-8 Step L next to R

This introduces novice dancers to Restarts. There are two Restarts, both after 24 counts, occurring on Wall 3 and Wall 8.

At the end of Wall 12, you have 3 short counts to take a bow!

Please do not alter this step sheet. Questions or concerns may be directed to me at linedancelawyer@yahoo.com. Thank you! Carrie Bauer





拍數: 32

牆數:4