Rocky Foundations



拍數: 48 牆數: 2 級數: Intermediate

編舞者: Ross Brown (ENG) - April 2015

音樂: We Built This City (Melodyparc Radio Mix) (feat. Starship) - Tom Le Mont: (CD:

We Built This City, Remixes)





Intro: 32 Counts (Approx. 32 Seconds)

S1: SYNCOPATED VINE RIGHT, HEEL TAPS, TOUCH.

1 - 2 &Step right to the right, cross step left behind right, step right to the right.

3 - 4Cross step left over right, step right to the right.

5 - 6 - 7 - 8Tap left heel three times with guitar actions, touch left next to right. (12 O'CLOCK)

S2: SYNCOPATED VINE LEFT. ROCK BACK, STEP FORWARD. BACK ½ TURN R, SIDE ¼ TURN R.

1 - 2 &Step left to the left, cross step right behind left, step left to the left.

3 - 4Cross step right over left, step left to the left.

5 - 6 - 7Rock back with right, recover onto left, step forward with right.

8 – 1 Make a ½ turn right stepping back with left, make a ¼ turn right stepping right to the right. (9

O'CLOCK)

Ending: On Wall 8, after finishing this Section turn to face the Front Wall by Sweeping your Left foot around a 3/4 Turn Right. This can be done quickly or slowly.

S3: HOLD, BALL, SIDE, TOUCH. SIDE MAMBO. SIDE ROCK.

2 & 3 - 4Hold for Count 2, step left next to right, step right to the right, touch left next to right.

5 & 6 Rock left to the left, recover onto right, step left next to right.

7 - 8Rock right to the right, recover onto left. (9 O'CLOCK)

S4: BEHIND, HOLD, BALL. CROSS, SIDE. ROCK BEHIND. REVERSE ROLLING VINE FULL TURN L.

1 - 2 &Cross step right behind left, hold for Count 2, step left to the left.

3 - 4Cross step right over left, step left to the left.

5 - 6Rock right behind left, recover onto left.

7 - 8 - 1Make a 1/2 turn left stepping back with right, make a 1/2 turn left stepping forward with left,

make a ¼ turn left stepping right to the right. (9 O'CLOCK)

S5: HOLD, BALL. STEP 1/4 TURN R, SCUFF 1/4 TURN R. CHASSE LEFT. ROCK BEHIND.

2 & Hold for Count 2, step left next to right.

3 - 4Make a ¼ turn right stepping forward with right, make a ¼ turn right scuffing left past right.

5 & 6 Step left to the left, close right up to left, step left to the left.

7 - 8Rock right behind left, recover onto left. (3 O'CLOCK)

S6: SYNCOPATED MONTEREY 1/4 TURN R. STEP FORWARD, FULL TURN L, TOUCH.

1 - 2 &Point right toe to the right, hold for Count 2, make a ¼ turn right stepping right next to left.

3 - 4Point left toe to the left, touch left toe slightly back.

5 - 6Step forward with left, make a ½ turn left stepping back with right.

7 - 8Make a ½ turn left stepping forward with left, touch right next to left. (6 O'CLOCK)

END OF DANCE!

TAGs: At the end of Walls 2 & 6, dance the Tag (facing 12 o'clock).

1 - 2 - 3 - 4Rock forward with right, recover onto left, rock back with right, recover onto left.

5 - 6 - 7 - 8Step forward with right, pivot a ½ turn left, step forward with right, pivot a ½ turn left.

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