

Girl Crush

拍數: 32 牆數: 2 級數: High Intermediate
編舞者: Alison Johnstone (AUS) & Rachael McEnaney (USA) - March 2015
音樂: Girl Crush - Little Big Town : (Album: Pain Killer. - iTunes - 3:13)



Count In: 8 counts from start of track, begin dance on word "girl".

Notes: Restart after 16 counts on the 3rd wall – you will be facing 12.00 to start again.

Special thank you to Jan Chong (Perth, Australia) for suggesting this music to us.

[1 – 8] Fwd L-R-L with sweeps, R rock, ½ turn R, ¾ turn R with hitch R, sway R-L, R cross, ½ turn R stepping L-R

- 1 2 3 Step forward L as you sweep R (1), step forward R as you sweep L (2), step forward L as you sweep R (3) 12.00
4 & a Rock forward R (4), recover weight L (&), make ½ turn right stepping forward R (a) 6.00
5 Step forward L and begin to make a ¾ turn right on ball of L as you hitch R knee (5) 3.00
6 7 Complete ¾ turn right as you step R to right side swaying upper body to right (6), transfer weight to L as you sway upper body left (7) 3.00
8 & a Cross R over L (8), make ¼ turn right stepping back L (&), make ¼ turn right stepping R to right side (a) 9.00

[9 – 16] Rock fwd L, back R-L, rock R back, full turn L (R sweep), R cross-side-behind, L behind, ¼ R,

- 1 2 a 3 Angle body diagonal 10.30 rocking forward L (1), recover weight R (2), step back L (a), rock back R (prep body right ready for turn L) (3) 10.30
4 a 5 Recover weight to L (4), make ½ turn left stepping back R (a), make ½ turn left stepping forward L as you sweep R (5) 10.30
6 a 7 (Make 1/8 turn left squaring up to 9.00 wall) cross R over L (6), step L to left side (a), cross R behind L as you sweep L (7) 9.00
8 a Cross L behind R (8), make ¼ turn right stepping forward R (a) 12.00

RESTART RESTART HERE ON THE 3RD WALL!! 3rd wall begins facing 12.00 – do first 16 counts, then start 4th wall facing 12.00

[17 – 24] L fwd, ½ pivot R, full turn R, L fwd, R mambo, back L sweeping R, back R sweeping L, ¼ L with R point, ¼ turn R, L fwd, ½ pivot R

- 1 a Step forward L (1), pivot ½ turn R (weight ends R) (a), 6.00
2 a 3 Make ½ turn right stepping back L (2), make ½ turn right stepping forward R (a), step forward L (3) 6.00
4 & a Rock forward R (4), recover weight L (&), step back R (a) 6.00
5 6 a 7 Step back L as you sweep R (5), step back R as you sweep L (6), make ¼ turn left stepping L to left side (a), point R to right side (7) 3.00
8 & a Make ¼ turn right stepping forward R (8), step forward L (&), pivot ½ turn right (weight ends R) (a) 12.00

[25 – 32] Weave to R, L cross with 3/8 turn L (R hitch), Fwd R-L-R (L hitch), L back, R side, L cross with R hitch, R back, ¼ (3/8) turn L, R fwd (option to add a turn)

- 1 a 2 a Cross L over R (1), step R to right side (a), cross L behind R (2), step R to right side (a) 12.00
3 Cross L over R and make 3/8 turn left on ball of L hitching R knee (3) 7.30
4 a 5 (towards 7.30) Step forward R (4), step forward L (a), rock forward R as you hitch L knee (5) 7.30
6 a 7 Step back L (6), make 1/8 turn right stepping R to right side (a), make 1/8 turn right rocking forward L as you hitch R knee (7) 10.30
8 & a Step back R (8), make 3/8 turn left (squaring up to back wall) stepping forward L (&), step forward R (a)

Advanced option: step back R (8), make 3/8 turn left stepping forward L (&), make ½ turn left stepping back R (a), then make another ½ turn left as you step forward L (this will be count 1 of the dance) 6.00

START AGAIN – HAVE FUN

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