

# Breathlessly

拍數: 56      牆數: 2      級數: Phrased High Beginner  
編舞者: Barry Andracchio (AUS) - April 2015  
音樂: Atemlos durch die Nacht - Helene Fischer : (Album: Farbenspiel - 3:37)



Sequence: □AA, BBBB\*\*, AA, BBB\* , BB\* B\* , B  
Intro: 16 counts

## PART A: (24 counts)

### A[1 – 8] □ Side Shuffle to Right, Rock Recover, Side Shuffle to Left, Rock Recover

1&2,3,4      Step R to Side, bring L to right, Step R to Side, Rock back on L, Rec. onto R,  
5&6,7,8      Step L to Side, bring R to Left, Step L to Side, Rock back on R, Rec. onto L.

### A[9 – 16] □ Half Pivot Turn, Half Pivot Turn, Right Rocking Chair

1,2,3,4      Step R forward, turn half left onto L, Step R forward, turn half left onto L,  
5,6,7,8      Rock forward on R, Recover onto L, Rock Back on R, Recover onto L.

### A[17 – 24] □ “V” Steps, “V” Steps

1,2,3,4      Step R to diagonal, Step L to diagonal, Step R back to centre, Step L beside R.  
5,6,7,8      Repeat above “V” Step sequence. (Arms up and sweep down to side on “V” steps)

## PART B: (32 counts)

### B[1 – 8] □ Weave to Right, Side Shuffle to Right, Rock Back, Recover

1,2,3,4,      Step R to Side, L behind R, Step R to Side, Step L across R,  
5&6,7,8      step R to Side, bring L to R, Step R to Side, Rock step L back, Recover onto R.

### B[9 – 16] □ Weave to Left, Side Shuffle to Left, Rock Back, Recover

1,2,3,4      Step L to Side, R behind L, Step L to Side, Step R across L,  
5&6,7,8      Step L to Side, bring R to L, Step L to Side, Rock step R back, Recover onto L.

### B[17 – 24] □ Shuffle Forward, Pivot Turn, Full Turn Forward, Rock Forward, Recover

1&2,3,4      Step R fwd., step L to R, Step R fwd, Step fwd on L, Turn ½ right onto R,  
5,6,7,8      Turn ½ right step L back, Turn ½ right step R fwd, Rock fwd on L, Rec. onto R.

(Alternate steps for counts 5,6, Walk forward L,R)

### B[25 – 32] □ Left Coaster Step, Jazz Box Cross, Sway Hips Right, Sway Hips Left

1&2,3,4      Step L back, Step R beside L, Step L fwd, Step R across L, Step L back,  
5,6,7,8      Step R to Side, Step L across R, Step R to Side (sway hips), Rec. onto L (sway hips).

Start Again – Enjoy

\*\* Tag 1 – End of Part B Facing Front (8 counts) -

Step R forward, Step L forward, Pivot ½ onto R, Step fwd L, R, Step L forward, Pivot ½ onto R, Step L forward – Restart Part A (12.00)

\* Tag 2 – End of Part B (2 counts) - Sway hips Right, Left -

Wall 11 - facing Back

Wall 13 - facing Back

Wall 14 - facing Front

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