Tonight Josephine

級數: Intermediate

編舞者: Malene Jakobsen (DK) - March 2015

音樂: Pantaloons (feat. Yuliet Topaz) - Tape Five : (iTunes)

Intro: 40 counts, 24 sec. into track - dance begins with weight on L

Restarts: There are 2 restarts - on wall 3 after 16 counts and on wall after 8 counts, you will be facing 12.00 both times

[1-8] Heel & toe, 1/4, toe & heel, ball, heel & toe, 1/4, toe & heel, ball

1&2	(1) Put R heel fwd., (&) step R next to L, (2) touch L toes next to R 12.00		
&3	(&) Turn 1/4 L stepping L next to R, (3) touch R toes next to L 9.00		
&4&	(&) Step R next to L, (4) Put L heel fwd., (&) step L next to R 9.00		
5&6	(5) Put R heel fwd., (&) step R next to L, (6) touch L toes next to R 9.00		
&7	(&) Turn 1/4 L stepping L next to R, (7) touch R toes next to L 6.00		
&8&	(&) Step R next to L, (8) Put L heel fwd., (&) step L next to R 6.00		
NOTE Second restart is here on wall 6, facing 12.00			

[9-16] Ball, tap x 2, step, fwd. rock, coaster step, walk walk, touch

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1&2			(1&) Tap R twice	slightly fwd., (2) step fwd.	on R 6.00

- 3& (3) Rock fwd. on L, (&) recover onto R 6.00
- 4&5 (4) Step back on L, (&) step R next to L, (5) step fwd. on L 6.00
- 6-7-8 (6-7) Walk fwd. R, L, (8) touch R next to L 6.00
- NOTE: First restart is here on wall 3, facing 12.00

[17-24] Kick ball touch, flick, touch, flick, kick ball touch, flick, touch flick, kick ball step

- 1&2 (1) Kick R fwd., (&) step R next to L, (2) touch L next to R, (&) 6.00
- &3& (&) Flick L to L, (3) Touch L next to R, (&) flick L to L 6.00
- 4&5 (4) Kick L fwd., (&) step L next to R, (5) touch R next to L 6.00
- &6& (&) Flick R to R, (6) Touch R next to L, (&) flick R to R 6.00
- 7&8 (7) Kick R fwd., (&) step R next to L, (8) step slightly fwd. on L 6.00

NOTE: When doing this section, put your arms down along your body, hands to the side with palms towards the floor.

[25-32] Mambo, back lock, 1/4, samba, touch

1&2	(1) Rock fwd. on R, (&) recover onto L, (2) step back on R 6.00
3&4	(3) Step back on L, (&) lock R across L, (4) step back on L 6.00
5-6&7	(5) Turn 1/4 R stepping R to R, (6) cross L over R, (&) rock R to R, (7) recover onto L 9.00
8	(8) Touch R next to L 9.00

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拍數: 32

牆數:4