Can't Stop Dancin'



拍數: 32 牆數: 4 級數: Intermediate

編舞者: John Dembiec (USA) - March 2015

音樂: Can't Stop Dancin' - Becky G.



#16 count intro, Start on hard beat

*1st Re-start happens after 16 counts on the 2nd wall, facing 12 o'clock.

Do one full rotation then add Tag which is the 1st 8 counts of the dance but drop the last "&" and step down on L. You'll be facing 9 o'clock for Tag.

**2nd Restart happens on the 4th wall, facing 9 o'clock, do one full rotation, add Tag. You'll be facing 6 o'clock for Tag. Then dance straight through.

[1-8]□MAMBO STEPS(X2), ROCK, ½ TURN, ½ PADDLE TURN

1&2	Rock R forward, Replace to L, Step R slightly back
3&4	Rock L back, Replace to R, Step L slightly forward

Rock R Forward, Replace to L, Making ½ turn R Step forward onto R

7&8& Making ¼ turn R Press L to L, Replace to R, Making ¼ turn R Press L to L, Replace to R

[9-16]□¼ TURN JAZZ BOX, WEAVE, STEP ¼ TURN STEP, STEP, ¼ TURN

1&2	Step L over R, Making 1/4 turn L Step R back, Step L to L
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3&4 Step R behind L, Step L to L, Step R over L

5&6 Step Step L forward, Making 1/4 turn L Step R back, Step L back

7-8 Step R back, Making 1/4 turn L Step L slightly forward

[17-24]□WIZARD STEPS, MAMBO STEP, ¼ TURN

1-2&	Step R forward to R diagonal, Step L behind R, Step R forward
3-4&	Step L forward to L diagonal, Step R behind L, Step L forward
5-6&	Step R forward, Rock L forward, Replace to R

7-8 Step L back, Making ¼ turn R Step R to R

[25-32]□JAZZ BOXES, ¼ TURN JAZZ BOX, ½ PADDLE TURN

1&2	Step L over R, Step R back, Step L to L
3&4	Step R over L, Step L back, Step R to R

5&6 Step L over R, Step R back, Making ¼ turn L Step L to L

7&8& Making ¼ turn L Press R to R, Replace to L, Making ¼ turn L Press R to R, Replace to L

REPEAT AND HAVE FUN !!!!!

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