

# One Last Time

**COPPER KNOB**  
BY STEPHEN

拍數: 64      牆數: 2      級數: High Improver  
編舞者: Nathan Gardiner (SCO) - March 2015  
音樂: One Last Time - Ariana Grande



**Intro: Start on vocals approx 8 counts - No Tags Or Restarts**

## **S1: WALK, WALK, SHUFFLE FORWARD, ROCK FORWARD, RECOVER, FULL TURN BACKWARDS LEFT**

1-2            Walk forward on right, Walk forward on left  
3&4           Step forward on right, Step left next to right, Step forward on right  
5-6           Rock forward on left, Recover on right  
7-8           Turn 1/2 left stepping forward on left, Turn 1/2 left stepping back on right

## **S2: COASTER STEP, WALK, WALK, CROSS SAMBA, CROSS SAMBA**

1&2           Step back on left, Step right next to left, Step forward on left  
3-4           Walk forward on right, Walk forward on left  
5&6           Cross step right over left, Rock out slightly to left side, Slightly step forward on right  
7&8           Cross step left over right, Rock out slightly to right side, Slightly step forward on left

## **S3: STEP 1/4 LEFT, CROSS SHUFFLE, TURN 1/4 RIGHT X2, CROSS ROCK, SIDE**

1-2           Step forward on right, Turn 1/4 left  
3&4           Cross step right over left, Step left to left side, Cross step right over left  
5-6           Turn 1/4 right stepping back on left, Turn 1/4 right stepping right to right side  
7&8           Cross rock left over right, Recover on right, Step left to left side

## **S4: TOUCH ACROSS, POINT, SAILOR STEP, TOUCH ACROSS, POINT, SAILOR 1/4 LEFT**

1-2           Touch right toes across left, Point right toes to right side  
3&4           Step right behind left, Step left to left side, Step right to right side  
5-6           Touch left toes across right, Point left toes to left side  
7&8           Step left behind right, Turn 1/4 left stepping right to right side, Step left to left side

## **S5: ROCK FORWARD, RECOVER, &, WALK, WALK, COASTER STEP, TURN 1/4 LEFT**

1-2           Rock forward on right, Recover on left  
&3-4          Step back on right, Walk back on left, Walk back on right  
5&6           Step back on left, Step right next to left, Step forward on left  
7-8           Step forward on right, Turn 1/4 left

## **S6: CROSS, SIDE, SAILOR HEEL, &, CROSS, SIDE, SAILOR HEEL**

1-2           Cross step right over left, Step left to left side  
3&4           Step right behind left, Step left to left side, Touch right heel on right diagonal  
&5-6          Step right next to left, Cross step left over right, Step right to right side  
7&8           Step left behind right, Step right to right side, Touch left heel to left diagonal

## **S7: &, CROSS, SIDE, SAILOR 1/2 CROSS, SIDE, ROCK, RECOVER, TOGETHER, SIDE ROCK, RECOVER**

&1-2          Step left next to right, Cross step right over left, Step left to left side  
3&4           Step right behind left, Turn 1/2 right stepping left to left side, Cross step right over left  
5-6           Rock out to left side, Recover on right  
&7-8          Step left next to right, Rock out to right side, Recover on left

## **S8: SAILOR 1/4 RIGHT, WALK, WALK, STEP LOCK, LEFT LOCK STEP**

1&2           Step right behind left, Turn 1/4 right stepping left to left side, Step right to right side  
3-4           Step forward on left, Turn 1/2 right

5-6 Step forward on left, Lock right behind left  
7&8 Step forward on left, Lock right behind left, Step forward on left

**Start Again.....Happy Dancing**

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