

Hungover

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Noe J. Roldan (USA) - March 2015
音樂: Hangover Tonight - Gary Allan



No Tags - No Restarts

KICK N' POINT – KICK N' POINT – HALF TURN WITH SAILOR/COASTER

- 1 . Right heel tap forward, bring foot back next to left
- 2 . Left toes touch left
- 3 . Left heel tap forward, bring foot back next to right
- 4 . Right toes touch right
- 5 . Quarter turn left and bring feet together
- 6,& . Quarter turn left while doing a sailor step with the left leg, bring right foot back
- 7 . Step left foot forward
- 8 . Step right foot forward

CHARLESTON WITH A KNEE HITCH – SWIVELS – HEEL DIP

- 9 . Hitch left knee up
- 10 . Step left foot back
- 11 . Step right foot back
- 12 . Bring right foot next to left
- 13 . With feet together swivel heels to right
- 14 . With feet together swivel toes to right
- 15 . With feet together bring heels to center
- 16 . Quarter turn right pivoting on right heel and left toes (heel dip)

GRAPEVINE LEFT – SHUFFLE FORWARD – HALF TURN – FULL TURN (SPIN)

- 17,&,18 . Step left leg to side, cross right behind, step left to side
- 19,&,20 . Shuffle forward right, left, right (can be replaced by a lock step)
- 21,&,22 . Step left foot forward, pivot half turn over right shoulder, step left foot forward
- 23 . Step right foot forward and pivot half turn over left shoulder
- & . Step left leg back while continuing another left half turn
- 24 . Bring right foot next to left but keep them separated at least at shoulder distance

(Alternative For Beginners) March In Place

- 23,&,24 . March right, left, right

PIGEON TOED TO RIGHT – BRUSH STOMP – SWAY RIGHT – SWAY LEFT

- 25 . Swivel right heel and left toes simultaneously to the right
- 26 . Swivel right toes and left heel simultaneously to the right
- 27,&,28 . Repeat step 25, Repeat step 26, Repeat step 25
- 29 . Scuff right heel (hitch knee for style)
- 30 . Stump right foot back in place
- 31 . Push shoulders to right with a sway while rolling hips
- 32 . Push shoulders to left with a sway while rolling hips

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