

# I Promise

**COPPER KNOB**  
STEPSHEETS

拍數: 56                      牆數: 4                      級數: Intermediate  
編舞者: Phil Carpenter (UK) - March 2015  
音樂: I Promise - Texas Lightning : (CD: Meanwhile Back At The Ranch. iTunes)



**INTRO: START ON VOCALS (And I Promise to Love You.) as main beat kicks in approx 27secs in.**

**SECTION 1: □RIGHT & LEFT CROSS POINTS, WALK FORWARD, RIGHT KICKBALL ½ TURN LEFT.**

1 -2                      Right cross over Left, Point Left to Left side,  
3 - 4                      Left cross over Right, point Right to Right side,  
5 - 6                      Walk forward Right, Left  
7 & 8                      Right kick forward, Right step forward slightly, ½ Turn Left. (6.00) (w.o.l.)

**SECTION 2: □RIGHT & LEFT CROSS POINTS, WALK FORWARD, RIGHT KICKBALL ½ TURN LEFT.  
[9 - 16] □REPEAT STEPS 1 - 8 (12.00)**

Restart dance at this point during Walls 2 (3.00) & 5 (9.00)

**SECTION 3: □RIGHT CROSS ROCK, RECOVER, TRIPLE ¾TURN RIGHT, LEFT ROCK RECOVER, LEFT COASTER STEP.**

17 - 18                      Right cross over Left, Recover weight on Left.  
19 & 20                      Triple ¾ Right turn stepping Right, Left, Right. (9.00)  
21 - 22                      Left rock forward, Recover weight on Right.  
23 & 24                      Left step back, Right step beside Left, Left step forward.

**SECTION 4: □RIGHT SIDE & TOUCH, LEFT SIDE TURNING ¼ LEFT & TOUCH, WALK BACK RIGHT, LEFT, RIGHT SHUFFLE BACK.**

25 - 26                      Right step to Right side, Left touch beside Right.  
27 - 28                      Left step to Left side turning ¼ Left, Right touch beside Left. ( 6.00)  
29 - 30                      Walk back Right, Left  
31 & 32                      Right step back, Left step beside Right, Right step back.

**SECTION 5: □LEFT BACK ROCK ,RECOVER, LEFT SHUFFLE FORWARD, RIGHT HEEL DIG, RIGHT HEEL DIG TURNING ¼ RIGHT, RIGHT HEEL BALL CROSS,HOLD.**

33 - 34                      Left rock back, Recover weight on Right.  
35 & 36                      Left step forward, Right step beside Left, Left step forward  
37 - 38                      Right heel dig fwd, On ball of Left swivel ¼ turn Right and dig Right heel fwd.(9.00)  
& 39 - 40                      Right step back, Left cross over Right, Hold.

**SECTION 6: SIDE RIGHT WITH HIPS SWAYS RIGHT AND LEFT, CHASSE RIGHT, LEFT CROSS ROCK, SHUFFLE LEFT TURNING ¼ TURN LEFT.**

41 - 42                      Right step to Right side swaying hips Right, Sway hips back to Left (w.o.l.)  
43 & 44                      Right step to Right, Left step beside Right, Right step to Right side.  
45 - 46                      Left cross over Right, Recover weight on Right  
47 & 48                      Left step to Left turning ¼ turn Left, Right step beside Left, Left step forward. (6.00)

**SECTION 7: MODIFIED MONTERY ¼ TURN RIGHT, & WALK FORWARD RIGHT,LEFT,RIGHT FORWARD, PIVOT ½ TURN LEFT.**

49 - 50                      Right touch to Right side, on ball of Left pivot ¼ turn Right stepping Right beside Left.  
51 - 52                      Left point to Left side, Hold.  
& 53 - 54                      Left step beside Right, Walk forward Right, Left  
55 - 56                      Right step forward, Pivot ½ Turn Left. (w.o.l.) (3.00)

**REPEAT DANCE FACING NEW WALL - ENJOY & HAVE FUN!**

**Choreographers Note: Restart required during walls 2 & 5.**

**Big Finish: Wall 7, only dance steps 1 –48, you will be facing 6.00. Then as follows.**

49 – 50            Right touch to Right side, on ball of Left pivot ½ turn Right stepping Right beside Left. (12.00)  
51 – 52            . □Left point to Left side, Hold.  
& 53 – 54           Left step beside Right, Walk forward Right, Left.  
55 & 56            Right step forward, Left Step beside Right, Right step forward.  
57                    Left step forward, Finish with a flourish Ta Dah.

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