# Sayidan

級數: High Beginner

編舞者: mBah Wir (INA) - April 2015

音樂: Di Sayidan by Shaggy Dog

Start on vocal - No Tag, No Restart

拍數: 32

### SEC 1: CROSS ROCK, RECOVER, CHASSE ¼ RIGHT, PIVOT ½ RIGHT, FORWARD SHUFFLE

1-2 Cross rock R over L, Recover on L

## Alternative for a count (1-2)

- 1-2 Touch R heel forward, Touch R toe beside L
- 3&4 Step R to side, Step L next to R, Turn ¼ R step R forward
- 5-6 Step L forward, Turn ½ R
- 7&8 Step L forward, Lock R behind L, Step L forward

#### SEC 2: KICK BALL STEP X2, ROCKING CHAIR

- 1&2 Kick R forward, Step on ball of R next to L, Small step L forward
- 3&4 Kick R forward, Step on ball of R next to L, Small step L forward
- 5-8 Step/Rock R forward, Recover on L, Step/Rock R back, Recover on L

#### SEC 3: LINDY RIGHT AND LEFT

- 1&2 Step R to side, Step L together, Step R to side
- 3-4 Rock back on L, Recover on R
- 5&6 Step L to side, Step R together, Step L to side
- 7-8 Rock back on R, Recover on L

#### SEC 4: MONTEREY ¼ TURN X2

- 1-2 Touch R toe outside R, on ball of L make 1/4 turn R and step R next to L
- 3-4 Touch L toe outside L, Step L beside R
- 5-6 Touch R toe outside R, on ball of L make 1/4 turn R and step R next to L
- 7-8 Touch L toe outside L, Step L beside R

#### Begin Again

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**牆數:**4