

# Ai Ren Nv Shen

COPPER KNOB  
BYEFOOTAGE

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Ivy Tang (MY) - March 2015  
音樂: Ai Ren Nu Shen (愛人女神) - Alan Tam (譚詠麟)



Intro : count 16

## Section 1 : Toe STRUT RIGHT(R&L), ROCKING CHAIR

1-2            Touch R toe Forward, Drop R heel to the floor  
3-4            Touch L toe Forward, Drop L heel to the floor  
5-6            Step RF forward, Recover onto LF  
7-8            Step RF back, Recover onto LF

## Section 2 : FORWARD, PIVOT 1/2 TURN L , FORWARD SHUFFLE, FORWARD, PIVOT 1/4 TURN R, CROSS SHUFFLE

1-2            Step RF forward, Pivot 1/2 turn L(06:00)  
3&4            Shuffle in place Right, Left, Right  
5-6            Step forward LF, Pivot 1/4 turn R, Step weight on RF(09:00)  
7&8            Cross LF over RF, Step RF to right, Cross LF over RF

## Section 3 : ROCK, RECOVER, TOGETHER, HOLD&CLAP (R&L)

1-2            Rock RF to right, Recover onto LF  
3-4            Step RF together, Hold & Clap Hands  
5-6            Rock LF to left, Recover onto RF  
7-8            Step LF together, Hold & Clap Hands

## Section 4 : FORWARD, RECOVER, SAILOR 1/2 TURN R, FORWARD, RECOVER, COASTER

1-2            Step RF Forward, Recover onto LF  
3&4            Step RF Behind LF, 1/2 turn R step LF together RF, Step RF forward(03:00)  
5-6            Step LF forward, Recover onto RF  
7&8            Step LF back, Step RF beside LF, Step LF Forward

Ending : Wall 9 dance 24 counts and facing front wall Clap Your Hands

Happy Dancing @No Dancing No Life@

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