

# Control Again

**COPPERKNOB**  
BY STEPHENETS

拍數: 64      牆數: 4      級數: Easy Intermediate  
編舞者: Leonard Hage (NL) - March 2015  
音樂: Til I Gain Control Again - Blue Rodeo : (Album: Five Days In July)



## Intro: 16 Count

### (1-8) □ □ CROSS ROCK, RECOVER, BALL CROSS, SIDE, BACK ROCK, RECOVER, KICK-BALL-CROSS

1-2            Cross rock R over L, Recover on L  
&3-4          Step R to right side, Cross L over R, Step R to right side  
5-6            Rock back on L, Recover on R  
7&8          Kick L forward, Step ball of L next to R, Cross R over L

### (9-16) □ □ SIDE ROCK, RECOVER, SAILOR 1/4 TURN, STEP, PIVOT 1/2 TURN, WALK, WALK

1-2            Left side rock, Recover on R  
3&4          Step L behind R, 1/4 turn left on R, Step L next to R (9.00)  
5-6            Step forward on R, Pivot 1/2 turn left (3.00)  
7-8            Walk forward R, Walk forward L

### (17-24) □ □ FWD ROCK, RECOVER, COASTER STEP, STEP, 1/4 PIVOT TURN, CROSS SHUFFLE

1-2            Rock R forward, Recover onto L  
3&4          Step back on R, Step L next to R, Step forward on R  
5-6            Step forward on L, Pivot 1/4 turn right (6.00)  
7&8          Cross L over R, Step R to right side, Cross L over R

### (25-32) □ □ FIGURE OF EIGHT

1-4            Step R to right side, Cross L behind R, 1/4 turn right R step forward, Step forward on L,  
5-8            Pivot 1/2 turn right, 1/4 turn right step L to left side, Cross R behind L, 1/4 turn left step L  
                forward (3.00)

### (33-40) □ □ SIDE, TOGETHER, SCISSOR CROSS, FORWARD ROCK, RECOVER, LEFT SHUFFLE 1/2 TURN LEFT

1-2            Step R to right side, Step L beside R  
3&4          Step R to right side, Step L beside R, Cross R over L  
5-6            Rock forward on L, Recover on R  
7&8          Left shuffle making 1/2 turn left stepping L-R-L (9.00)

### (41-48) □ □ FULL TURN, FWD SHUFFLE, ROCK, RECOVER, SAILOR 1/4 TURN LEFT

1-2            Turn 1/2 left step R back, Turn 1/2 left step L forward (9.00)  
3&4          Shuffle forward stepping R-L-R  
5-6            Rock forward on L, Recover on R  
7&8          Step L behind R, 1/4 turn left on R, Step L next to R (6.00)

### (49-56) □ □ R/L FWD CROSS POINTS, 1/4 RIGHT JAZZBOX CROSS

1-2            Cross R over L, Point L to left side  
3-4            Cross L over R, Point R to right side  
5-8            Cross R over L, Step back on L, 1/4 turn right step R to right side, Cross L over R (9.00)

### (57-64) □ □ SIDE, TOGETHER, RIGHT CHASSE, CROSS ROCK, RECOVER, LEFT CHASSE

1-2            Step R to right side, Step L beside R  
3&4          Step R to right side, Close L beside R, Step R to right side  
5-6            Rock L across R, Recover on R  
7&8          Step L to left side, Close R beside L, Step L to left side

**START AGAIN**

**ENDING:** □ To end dance facing front - change count 3&4 (section 8) to: Step R to right, Close L beside R, 1/4 turn left step R back (12.00)

**Contact:** [crvanderduim@onsneteindhoven.nl](mailto:crvanderduim@onsneteindhoven.nl)

---