Be Ready Baby



拍數: 32 牆數: 4 級數: Improver WCS 編舞者: Elke Abele (TUR) & Ozgur "Oscar" TAKAÇ (TUR) - March 2015

音樂: Fresh Coat of Paint - Lee Roy Parnell



Intro: 32 counts

WALK FORWARD X2, FORWARD MAMBO STEP, WALK BACK X2, COASTER STEP

1-2 Walk forward R-L

3&4 Step R forward, recover on L, step R beside L

5-6 Walk back L-R

7&8 Step L back, step R beside L, step L forward

STEP, DIAGONAL KICK, SAILOR STEP, TOUCH, ½ TURN, TRIPLE STEP FORWARD

1-2 Step R forward, kick L diagonal L forward3&4 Step L behind, step R to R, step, step L to L

5-6 Touch R toe back, ½ turn R and recover weight on R (06:00)

7&8 Step L forward, step R beside L, step L forward

Restart comes here on walls 3 (12:00) and 7 (09:00)

POINT, HOLD, TOGETHER, POINT, HOLD, TOGETHER, STEP 1/4 TURN, BEHIND, SIDE, ACROSS

1-2& Point R toe forward, hold, step R together3-4& Point L toe forward, hold, step L together

5-6 Step R forward, ¼ turn L and step L in place (03:00)

7&8 Step R behind L, step L to L, step R across L

SIDE, TOGETHER, ACROSS, TOGETHER, ACROSS, SIDE, BEHIND, SIDE, ACROSS ½ TURN

&1-2 Step L to L, step R together, step L across R &3-4 Step R to R, step L together, step R across L

5-6& Step L to L, step R behind, step L to L

7-8 Step R across L, unwind ½ turn and recover weight on L (09:00)

REPEAT

RESTART on walls 3 (12:00) and 7 (09:00) after count 16

TAG after wall 8 (06:00) OUT-OUT, IN-IN, X2

&1&2&3&4Step R to R, step L to L, Step R in, step L beside R&3&6Step R to R, step L to L, Step R in, step L beside R

Contact: www.linedanceturkiye.com

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