

Cumbia Loca

拍數: 32 牆數: 4 級數: Beginner
編舞者: Patrizia Porcu (IT) - January 2015
音樂: "Cumbia loca" (Nonnis, Spitale, Conficconi) Ed. Hit Record, Bernardi Records,
Pullini Ed. (3:07)



Start after 16 count - NO TAG NO RESTART

SECTION 1: R CHASSE, TURN 1/2 R, LEFT CHASSE, TURN 1/8 L AND HEEL FW, POINT BACK, HEEL FW, TURN 1/8 R AND STEP R SIDE. (6:00)

1 & 2 Step R side, close L next R, step R side (12:00)

Style: move hands along body (near hips) up-down alternately during chasse starting on 1 with R Hand down & 3 & 4 Turn 1/2 R (&), step L side, step R next L, step L side (6:00)

Style: same of 1&2 but starting on 3 with L hand down

5-6-7-8 Turn 1/8 L (diagonal L) and point R heel FW (5), point R back, point R heel FW, turn 1/8 R and step R side. (6:00)

Style: when put R heel FW go slightly back with upper body and moving arms as "gotcha move"; when point R back go with upper body slightly forward and push arms forward

SECTION 2: TURN 1/2 R, L CHASSE, TURN 1/2 L, R CHASSE, TURN 1/8 R AND POINT L HEEL FW, POINT BACK, HEEL FW, TURN 1/8 L AND STEP L SIDE (6:00)

& 1 & 2 Turn 1/2 R (&), step L side, step R next to L, step L side (12:00).

Style: same hand's movement on chasse like section 1

& 3 & 4 Turn 1/2 L (&), step R side, step L next to R, step R side (6:00).

Style: same hand's movement on chasse like section 1

5-6-7-8 Turn 1/8 R (diagonal R) and point L heel FW, point L back, point L heel FW, turn 1/8L and step L side (6:00)

Style: same arms and upper body movements like section 1

SECTION 3: TURN 1/4 L, R LOCK FW, L LOCK FW, POINT HEEL FW, POINT BACK, 1/2 L PUDDLE TURN (9:00)

1 & 2 Turn 1/4 L and step R forward, lock L to R, step R forward

3 & 4 Step L forward, lock R to L, step L forward

5 - 6 Point L heel forward, point L back

Style: same arms and upper body movements like section 1

7 - 8 Stay with weight on L and Turn 1/4 L pointing R side, turn 1/4 L and step R side (9:00)

Style: make "loco" movement with hands (see official video)

SECTION 4: R LOCK FW, L LOCK FW, POINT HEEL FW, POINT BACK, R FW, TURN 1/2 L AND STEP ON L (3:00)

1 & 2 Step R forward, lock L to R, step R forward

3 & 4 Step L forward, lock R to L, step L forward

5 - 6 Point R heel forward, point R back

Style: same arms and upper body movements like section 1

7 - 8 Step R forward, turn 1/2 L and weight on L foot

ENDING: Dance 30 counts of 9th wall (point R back) then turn 1/4 R step R next to L and clap hands.

For any question and music email me at patnurse2@yahoo.it or send message to Look&Dance on Facebook

pageView our demo and walktrough on our youtube channel "LOOK&DANCE" and subscribe for next videos.

ENJOY!!!!!!!!!!!!!!
