

Betty Boop

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 2 級數: Intermediate Pop
編舞者: Simon Ward (AUS), Jo Kinser (UK) & John Kinser (UK) - February 2015
音樂: Betty Boop - Cassandra Michaels : (Album: Betty Boop - Single - iTunes)



Notes: Dance starts on vocals, approx. 25 sec into song.

[1-8] □ Cross R, ¼ back, R back, Hitch L, Back L, Point R toe, ¼ turn R, Point L toe

- 1-2 Cross step right over left, step back turning ¼ turn right 3:00
- 3-4 Step right back, Hitch left knee 3:00
- 5-6 Step left back, Point right toe to right side 3:00
- 7-8 Turn ¼ turn right stepping right over left, Point left toe to left side 6:00

[9-16] □ Step left turning ¼ L, ½ R stepping R back, L back, Point R toe, Reverse Jazz box/cross

- 1-2 Turn a ¼ turn left stepping onto left 3:00, Turn a further ½ turn left & step right back 9:00
- 3-4 Step left back, Point right toe to right side 9:00
- 5-6 Step right behind left, Step left forward and slightly at left diagonal 9:00
- 7-8 Step right to right side, Cross/step left over right 9:00

[17-24] □ ¼ R with R toe heel strut, L fwd, Pivot ½ R, L toe heel strut, R fwd, Pivot ½ L

- 1-2 Turn a ¼ turn right & touch right toe forward 12:00, Drop right heel and take weight onto right (toe heel strut)
- 3-4 Step left forward, Pivot ½ turn right taking weight onto right 6:00
- 5-6 Touch left toe forward, Drop left heel taking weight onto left (toe heel strut)
- 7-8 Step right forward, Pivot ½ turn left taking weight onto left 12:00

[25-32] □ Point R toe, Cross/step R over L, Point L toe, Cross/step L over R, R fwd, Pivot ½ L, 3/8 turn L, Betty Boop

- 1-2 Point right toe to right, Cross/step right over left traveling slightly forward 12:00
- 3-4 Point left toe to left side, Cross/step left over right traveling slightly forward 12:00
- 5-6 Step right forward, Pivot ½ turn left taking weight onto left 6:00
- 7 Turn a further 3/8 turn left 1:30 on left foot & step right beside left, bend both knees raising right hand casually to ear level
- 8 Straighten knees & push your butt back while leaning slightly forward, extend right arm up while & bend wrist forward like a teapot 1:30 (channel Betty Boop)

[33-40] □ Back R,L,R, Hitch L, Step L back diagonal facing front, Cross/step R, Step L back, Touch R heel to R

- 1-2 Step back right, Step back left (shimmy shoulders to music, arms bent slightly by side) 1:30
- 3-4 Step right back, Hitch left knee up (shimmy shoulders to music, arms bent slightly by side) 1:30
- 5-6 Turn body to 12:00 wall & step left back slightly on diagonal, Cross/step right over left
- 7-8 Step left back on left diagonal, Touch right heel to right side 12:00

[41-48] □ R side, Cross/step L, R side, Touch L heel to L, Bump hips L,R,L,R taking weight onto R turning ¼ L with hook

- 1-2 Step right to right side, Cross/step left over right 12:00
- 3-4 Step right to right side, Touch left heel to left side 12:00
- 5-6 Keep left heel in place to left side & bump hips to left, Bump hips to right 12:00
- 7-8 Bump hips to left, Bump hips to right taking weight onto right & turn ¼ left hooking left foot under right knee 9:00

(look to 9:00 on count 8)

[49-56] □ Shuffle L fwd, R fwd, Pivot ½ left, Shuffle R fwd, L fwd, Pivot ½ right stepping R to R side

- 1&2 Step left forward, Step right beside left, step left forward 9:00
3-4 Step right forward, Pivot ½ turn left taking weight onto left 3:00
5&6 Step right forward, Step left beside right, Step right forward 3:00
7-8 Step left forward, Pivot ½ turn right & step right to right side 9:00

[57-64] □ Cross L toe heel strut, R side toe heel strut, Jazz box ¼ L, Chasse L to L side

- 1-2 Cross/step left toe over right, Drop left heel taking weight onto left (toe heel strut) 9:00
3-4 Touch right toe to right side, Drop right heel taking weight onto right (toe heel strut) 9:00
5-6 Cross/step left over right, Step right slightly to right side turning ¼ turn left 6:00
7&8 Step left to left side, Step right beside left, Step left to left side 6:00

Repeat

End: □ Facing 12:00. Omit the Chasse on &8.

Count 7, Step left to left side, Count 8, Stomp right foot forward with palms down and out to both sides.

Contacts: Simon bellychops@hotmail.com, Jo & John Jo@jjkdancin.com
