

I'm Ready For It

COPPER KNOB
STEPSHETS

拍數: 64 牆數: 2 級數: Easy Novice
編舞者: Sebastiaan Holtland (NL) & Piet - March 2015
音樂: Ready for Love - Olly Murs : (CD: Never Been Better, Deluxe Edition 2014)



Intro - 8 counts. (Sequence: 64, 64, 1st Tag, 64, 64, 32, 2nd Tag, 64, 32, ending) (Two Tags & No Restarts)..

Sec 1: [1-8] Stamp, Hold, Sailor Step, Jump Both Feet Apart Back, Twisting Heels, & Cross, Hold.

1-2 Stamp Rt out to right, Hold.
3&4 Step Lt behind Rt, step Rt to the Rt, step Lf to the left take weight onto both feet.
&5&6 Jump both feet apart (&5), twisting both heels out, twisting both heels back to centre.
&7-8 Step Rt back, cross Lt over Rt, Hold (Optional: holding your hands across your chest).

Sec 2: [9-16] Side Rock, Recover, Cross Shuffle, Side Rock, Recover, ¼ Sailor Turn R.

1-2 Rock Rt to the right, recover on Lt.
3&4 Cross Rt over Lt, step Lt slightly to left, cross Rt over Lt.
5-6 Rock Lt to the left, recover on Rt.
7&8 Step Lt behind Rt, turn ¼ right (3) step Rt to the right, step Lt slightly fwd.

Sec 3: [17-24] Brush Fwd, Brush Back Hook, Shuffle Fwd, Point, ¼ L, Hook, Lock Step Fwd.

1-2 Brush right forward, Brush right toe back as hook right over left.
3&4 Step Rt fwd, step Lt next to Rt, step Rt slightly fwd.
5-6 Point Lt out to left, turn ¼ left (12) hook Lt up across Rt.
7&8 Step Lt fwd, lock Rt behind Lt, step Lt slightly fwd.

Sec 4: [25-32] Stamp Out, Stamp Out, 3 Travelling Swivels (Rambles), Sailor Step, Point Back, Unwind ½ L.

1-2 Stamp Rt out to right, stamp Lt out to left.
3&4 Moving to left side: Swivel both heels to left, both toes to left, both heels to left weight onto Lt.
5&6 Step Rt behind Lt, step Lt to left, step Rt to right.
7-8 Point Lf back, unwind ½ left (6) take weight onto Lf.

****2nd Tag here WALL 5 after 32 count (facing 12 o'clock), after start again (facing 12 o'clock).**

Sec 5: [33-40] Side Rock, Recover, Sailor Step, Dip, Kick, ½ Triple Turn R.

1-2 Rock Rt to the right, recover on Lt.
3&4 Step Rt behind Lt, step Lt to left, step Rt to right take weight onto both feet.
5-6 Bend both knees, then come up and kick Rt diagonal fwd.
7&8 Triple 1/2 right (12) step Rt slightly fwd, step Lt beside Rt, step Rt slightly fwd.

Sec 6: [41-48] Fwd Rock, Recover, ½ Triple L, Touch & Touch, 1/8 L, Back Rock, Recover.

1-2 Rock Lt fwd, recover on Rt.
3&4 Triple 1/2 left (6) step Lt slightly fwd, step Rt beside Lt, step Lt slightly fwd.
5&6 Touch Rt out to right, step Rt next to Lt, touch Lt out to left.
&7-8 Turn 1/8 left step Lt slightly back, rock Rt back, recover on Lf (diagonal).

Sec 7: [49-56] Walks Fwd R-L, 3/8 Shuffle Turn L Back, Back Rock, Recover, Kick ball Step.

1-2 On the diagonal walk Rt fwd, walk Lt fwd.
3&4 Turn 3/8 left (12) step Rt back, step Lf next to left, step Rt back.
5-6 Rock Lt back, recover on Rt.
7&8 Kick Lt slightly diagonal fwd, step Lt back in place on ball, step Rt fwd.

Sec 8: [57-64] Fwd Rock, Recover, ¼ L, L Chasse ¼ L, R Jazz Box.

1-2 Rock Lt fwd, recover on Rt.
3&4 Turn ¼ left (9) step Lt to the left, step Rt next to Lt, turn ¼ left (6) step Lt fwd.

5-8 Cross Rt over Lt, step Lt back, step Rt to the right, step Lt slightly fwd.

***1st Tag here WALL 2 after 64 count (facing 6 o'clock), after start again (facing 12 o'clock).**

***1st Tag: 2x ½ pivot turn L.**

1-4 Step Rt fwd, turn ½ left take weight onto Lt, step Rt fwd, turn ½ left take weight onto Lt
(12:00)

****2nd Tag: 2x ¼ Pivot turn L, R Jazz Box.**

1-4 Step Rt fwd, turn ¼ left take weight onto Lt, step Rt fwd, turn ¼ left take weight onto Lt.

5-8 Cross Rt over Lt, step Lt back, step Rt to the right, step Lt slightly fwd. (12:00)

Start again and have fun!

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