

Sayonara (再見) (zh)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Nina Chen (TW) - 2015年03月
音樂: Sayonara - Gina T.



Intro: 32 counts (start on vocals)

S1. TOE STRUT - TOE STRUT - CROSS SHUFFLE - ROCK - RECOVER

1-4 Touch RF toe over LF - Drop RF heel - Touch LF toe diagonal - Drop LF heel
5&6, 7-8 Cross shuffle (R L R) - Rock LF to L - Recover onto RF
1-4 右足尖在左足前點.踏 - 左足尖在左斜前方點.踏
5&6, 7-8 右足前交交換步(右 左 右) - 左足左下沉 - 重心回右足

S2. CROSS - POINT - CROSS - POINT - VINE - POINT

1-4 Cross LF over RF - Point RF toe to R - Cross RF behind LF - Point LF toe to L
5-8 Cross LF over RF - Step RF to R - Cross LF behind RF - Point RF toe to R
1-4 左足前交叉步 - 右足側點 - 右足後交叉步 - 左足側點
5-8 左足前交叉步 - 右足右踏 - 左足後交叉步 - 右足右側點

S3. VINE WITH 1/4 TURN L - PIVOT 1/2 TURN L - FORWARD SHUFFLE

1-4 Cross RF over LF - Step LF to L - Cross RF behind LF - 1/4 turn L (9:00) step LF forward
5-6, 7&8 Step RF forward - Pivot 1/2 turn L (3:00) - Forward shuffle (R L R)
1-4 右足前交叉步 - 左足左踏 - 右足後交叉步 - 左轉 1/4 (9:00) 左足前踏
5-6, 7&8 右足前踏 - 向左轉 1/2 (3:00) - 前交換步 (右 左 右)

S4. FORWARD - RECOVER - COASTER STEP - PIVOT 1/4 TURN L - PIVOT 1/4 TURN L

1-2, 3&4 Step LF forward - Recover onto RF - Step LF back - Step RF beside LF - Step LF forward
5-8 Step RF forward - Pivot 1/4 turn L (6:00) - Step RF forward - Pivot 1/4 turn L (9:00)
1-2, 3&4 左足前踏 - 重心回右足 - 左足後踏 - 右足併踏左足旁 - 左足前踏
5-8 右足前踏 - 向左轉 1/4 (6:00) - 右足前踏 - 向左轉 1/4 (9:00)

Restart: After S2 of the 5th wall (12:00)

重新開始: 在第五面牆 S2結束後 (12:00)

Have Fun & Happy Dancing!

Contact - Nina Chen: nina.teach.dance@gmail.com