

One Fine Day

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 4 級數: Improver
編舞者: Dave Morgan (UK) - February 2015
音樂: One Fine Day - Bette Midler : (Album: It's The Girls. - iTunes.)



#32 Count Intro. No Tags or Restarts. □

[1-8] STEP TOUCH WITH CLAPS, STEP TOUCH WITH CLAPS, SIDE, BEHIND ¼ TURN STOMP.

- 1-2 Step right to right side. Touch left beside right. (CLAP)
- 3-4 Step left to left side. Touch right beside left. (CLAP)
- 5-6 Step right to right side. Cross step left behind right.
- 7-8 Make ¼ turn right on right. Stomp left in place. (Weight on left) Facing 3.00

[9-16] STEP TOUCH WITH CLAPS, STEP TOUCH WITH CLAPS, SIDE, BEHIND ¼ TURN BRUSH.

- 9-10 Step right to right side. Touch left beside right. (CLAP)
- 11-12 Step left to left side Touch right beside left. (CLAP)
- 13-14 Step right to right side. Cross step left behind right.
- 15-16 Make ¼ turn right on right. Brush left past right. Facing 6.00

[17-24] CROSS, BACK, BACK, CROSS, BACK, ½ TURN RIGHT, STEP ½ PIVOT.

- 17-18 Cross step left over right. Step right back.
- 19-20 Step left back. Cross step right over left.
- 21-22 Step left back. Make ½ turn right on right.
- 23-24 Step forward on left. Pivot ½ turn right. Facing 6.00 (EASY OPTION 22-24 Rock back right, recover, Step right forward.)

[25-32] LEFT TOE STRUT, SIDE ROCK RECOVER, RIGHT TO STRUT, SIDE ROCK RECOVER.

- 25-26 Touch left toe forward. Step down on left.
- 27-28 Rock right to right side. Recover on left.
- 29-30 Touch right toe forward. Step down on right.
- 31-32 Rock left to left side. Recover on right. Facing 6.00

[33-40] WALK AROUND ½ TURN RIGHT.

- 33-34 Step left forward. HOLD.
- 35-36 Making 1/8 turn right on right. HOLD.
- 37-38 Making 1/8 turn right stepping forward on left. HOLD.
- 39-40 Making 1/4 turn right stepping forward on right. HOLD. Facing 12.00

[41-48] CROSS ROCK, SIDE ROCK, BEHIND SIDE CROSS

- 41-42 Cross rock left over right. Recover on right.
- 43-44 Rock left to left side. Recover on right.
- 45-46 Cross step left behind right. Step right to right side.
- 47-48 Cross step left over right. HOLD. Facing 12.00

[49-56] ROCK RECOVER ½, ROCK RECOVER ¼

- 49-50 Rock forward on right. Recover on left.
- 51-52 Make ½ turn right on right. HOLD.
- 53-54 Rock forward on left. Recover on right.
- 55-56 Make ¼ turn left on left. HOLD. Facing 3.00

[57-64] STEP ½ PIVOT STEP, HOLD. FULL TURN, HOLD.

- 57-58 Step forward on right. Pivot ½ turn left.
- 59-60 Step forward on right. HOLD.

61-62 Making ½ turn right step back on left. Making ½ turn right step right forward.
63-64 Step forward left. HOLD. Facing 9.00 (EASIER OPTION 61-64 Run forward L,R,L HOLD)

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