

Let's Stay Together (長相廝守) (zh)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: José Miguel Belloque Vane (NL) - 2010年04月
音樂: Let's Stay Together - Al Green



前奏: 16 Count intro 16拍後起跳

- 第一段** **Walk Forward x2.Anchor Step,Step Back,Turn ½ Right, Left Shuffle Forward.** 走走, 原地三步, 後轉, 前交換
- 1-2 Step Forward, Right, Step Forward Left.
右足前踏, 左足前踏
- 3&4 Cross step Right Foot behind Left, Rock forward onto Left Foot, Step back on Right. 右足於左足後交叉踏, 左足前下沉, 右足後踏
- 5-6 Step back on Left, Make ½ turn Right stepping forward on right.
左足後踏, 右轉180度右足前踏
- 7&8 Left shuffle forward stepping Left. Right. Left. 前交換-左, 右, 左
- 第二段** **&1/4Left Cross, Hold, &Cross &Cross, Side Rock, Behind. Side. Cross.**
1/4踏 交叉 候, 右 交叉 右 交叉, 右下 下沉 回復, 後 旁 前
- &1-2 (&)Turning a ¼ Left step Right Foot to side, (1) Cross Left Foot over Right, Hold. 左轉90度右足右踏, 左足於右足前交叉踏, 候
- &3&4 (&)Step Right Foot to side, (3)Cross Left over Right, (&)Step Right Foot to side, (4)Cross Left over Right.
右足右踏, 左足於右足前交叉踏, 右足右踏, 左足於右足前交叉踏
- 5-6 Rock Right out to Right side. Recover weight on Left.
右足右下沉, 左足回復
- 7&8 Cross Right behind Left, Step Left to Left side, Cross step Right over Left 右足於左足後交叉踏, 左足左踏, 右足於左足前交叉踏
- 第三段** **Side Left, 1/2 (spin) Turn Right,Chasse Right,Cross Rock, Chasse ¼ Turn Left.** 左, 1/2, 右追步, 交叉下沉 回復, 追步轉
- 1-2 Step Left Foot (wide) to Left side, Spin ½ turn Right on the ball of Left (dragging Right,ends like spiral)
左足左大步, 右轉180度右足拖併
- 3&4 Step Right to Right side. Close Left beside Right. Step Right to Right side. 右足右踏, 左足併踏, 右足右踏
- 5-6 Cross rock Left Over Right, Rock back onto Right Foot.
左足於右足前交叉下沉, 右足回復
- 7&8 Step Left to Left side. Close Right beside Left. Make 1/4 turn Left stepping forward on to Left.
左足左踏, 右足併踏, 左轉90度左足前踏
- 第四段** **Forward Rock, Sailor ¼ Turn, Sailor Step, Rock Back.**
下沉 回復, 1/4轉水手, 水手步, 後下沉 回復
- 1-2 Rock forward on Right, Rock back onto Left.
右足前下沉, 左足回復
- 3&4 Sweep Right behind Left making a ¼ turn Right, Step Left to Left side, Step Right to right Side
右足右轉90度繞至左足後踏, 左足左踏, 右足右踏
- 5&6 Cross Left behind Right. Step Right to Right side. Step Left to Left side.左足於右足後交叉踏, 右足右踏, 左足左踏

7-8

Rock back onto Right Foot, Rock forward onto Left Foot
右足後下沉, 左足回復
