Break The Mould



拍數: 60 牆數: 4 級數: Improver 編舞者: Lorna Mursell (UK) - April 2015

音樂: You Really Wouldn't Want Me That Way - Travis Tritt: (Album: Strong Enough)



Start On Lyrics "I Know"

SEC 1) CROSS, SIDE, BEHIND, SIDE, CROSS, SIDE ROCK, REC, CROSS, SIDE, CROSS	
1-2	Cross left over right, step right to right side

3&4 Cross left behind right, step right to right side, cross left over right

5-6 Rock right to right side, recover on to left

7&8 Cross right over left, step left to left side, cross right over left

SEC 2) SIDE ROCK, REC, SAILOR 1/4 TURN LEFT, FORWARD ROCK, REC, SHUFFLE 1/2 TURN RIGHT

1-2 Rock left to left side, recover on to right

3&4 Cross left behind rightmaking 1/4 turn left step right beside left Step left forward left

5-6 Rock forward on right, recover on to left
7&8 Shuffle 1/2 turn right, stepping right, left, right

SEC 3) 1/4 ROCK STEP, BEHIND, SIDE, CROSS, SIDE, BEHIND, SHUFFLE 1/4 TURN RIGHT

1-2 Make 1/4 turn to right rocking left to left side, recover on right
 3&4 Cross left behind right, step right to right side, cross left over right

5-6 Step right to right side, step left behind right 7&8 Shuffle 1/4 turn right, stepping right, left, right

SEC 4) FORWARD ROCK, REC, COASTER STEP, WALK R, L, KICKBALL, POINT

1-2 Rock forward on left, recover on to right

3&4 Step left back, step right beside left, step left forward

5-6 Walk forward right, walk forward left

7&8 Kick right foot forward, step right foot in place, point left toe to left side

SEC 5) SYNCOPATED JAZZ BOX CROSS, POINT, CROSS ROCK, REC, SHUFFLE 1/4 TURN LEFT

1-2 Cross left over right, step back on to right

&3-4 Step left to left side, cross right over left, point left toe to left side

RESTART HERE DURING WALL 4 FACING 12 O'CLOCK

5-6 Cross rock left over right, recover on to right 7&8 Shuffle 1/4 turn left, stepping left, right, left

SEC 6) STEP, LOCK, FORWARD SHUFFLE, PIVOT 1/4 RIGHT, CROSS SHUFFLE

1-2 Step forward right, lock left behind right

3&4 Step forward right, step left beside right, step right forward

5-6 Step forward on left, pivot 1/4 turn right

7&8 Cross left over right, step right to right side, cross left over right

SEC 7) HINGE 1/2 TURN LEFT, FORWARD SHUFFLE, FORWARD ROCK, REC, SHUFFLE 1/2 TURN

LEFT

1-2 Make a ¼ turn left stepping back on right make a ¼ turn left stepping left to left side

3&4 Step forward on right, step left beside right, step right forward

5-6 Rock forward on left, recover on to right 7&8 Shuffle 1/2 turn left, stepping left, right, left

SEC 8) FULL TURN LEFT, FORWARD SHUFFLE

1-2 Turn ½ turn left stepping back on right, turn ½ turn left stepping forward on left

Restart: During Wall 4, Dance The First 36 Counts Then Restart The Dance Facing 12 O'clock