

Let's Lay Low

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Ivan Garcia (USA) - March 2015
音樂: Lay Low - Josh Turner



#32 CT intro/Start on Vocals

ROCK BACK, DIAGNAL ROCK, BEHIND STEP, SIDE STEP, FORWARD STEP, SCUFF LEFT

1 - 2 Rock back right, recover left
3 - 4 Diagonally Rock right to right, recover left
5 - 6 Right step behind left, side step left to left
7 - 8 Step right forward, scuff left forward [12:00]

JAZZ BOX, STEP LEFT, TURN 1/4 RIGHT, CROSS SHUFFLE

1 - 2 Cross left over right, step left back
3 - 4 Step left to side, step slightly forward on right
5 - 6 Step forward left, 1/4 turn right
7&8 Step Left over right & cross shuffle, Left Right Left [3:00]

Restart: After 16 counts restart on 4th wall [6:00]

SIDE ROCK, DIAGNAL FORWARD CROSS SHUFFLE X2

1 - 2 Right side rock, recover on left
3&4 Left Diagonal [1:00] moving forward, place right over left & Cross Shuffle, Right Left Right
5 - 6 Left side rock, recover on right
7&8 Right Diagonal [5:00] moving forward, place left over right & Cross Shuffle, Left Right Left

FORWARD ROCK, 1/2 TURN SHUFFLE RIGHT, FORWARD ROCK, SHUFFLE BACK

1 - 2 Rock step forward right, Recover Left [3:00]
3&4 Right 1/2 turn shuffle, right left right
5 - 6 Rock left forward, Recover on right
7&8 Left Shuffle backwards, left right left [9:00]

REPEAT

Restart: After 16 counts on 4th wall (After the Cross Shuffle on 2nd section 7&8) [6:00]

Tag: At the end of wall 9 facing [3:00] after the shuffle back – Add a rocking chair

1 - 2 Right Rock back, recover on left
3 - 4 Right Rock forward, recover on left

Enjoy and Keep Dancing!

Inquiries: Ivan Garcia - garcia.ivan19@yahoo.com

Last Site Update – 3rd Dec. 2015