

The Way We Were

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Intermediate / Advanced
編舞者: Ben Heggy (USA) - October 2014
音樂: The Way We Were - Barbra Streisand : (Album: The Way We Were - 3:30)



Start: ☐ On lyrics, 36 counts, approx 33 sec.

S1 (1-8) NC2 basic; Quarter; Quarter; Quarter lunge; Recover; Cross; Quarter; Back rock; Recover;

- 1-2& (1)Long step to the right; (2)Rock left close to right heel; (&)Recover while crossing right slightly over left;
3-4 (3)Turn ¼ right and step left back; [3:00] (4)Turn ¼ right and step right forward; [6:00]
5-6& (5)Turn ¼ right and lunge left diagonally out and back left; [9:00] (6)Recover to right; (&)Cross left over right;
7&8& (7)Turn ¼ left and step right back; [6:00] (&)Step left back; (8)Rock back on right; (&)Recover weight to left, prep for turn;

S2 (9-16) Half w/sweep; Behind; 1/8 left; Forward rock; Recover; Quarter; Cross; Quarter; Quarter; Cross; Quarter; Quarter; (Reverses)

- 1-2& (1)Turn ½ left stepping right back, sweeping left from front to back [12:00] (2)Step right behind left; (&)Turn 1/8 right and step right forward; [1:30]
3-4& (3)Rock forward onto left; (4)Recover weight to right; (&)Turn ¼ left and step left to the side; [10:30]
5-6& (5)Cross right over left; (6)Turn ¼ right and step left back; [1:30] (&)Turn ¼ right and step right to the side; [4:30]
7-8& (7)Cross left over right; (8)Turn ¼ left and step right back; [1:30] (&)Turn ¼ left and step left to the side; [10:30]

S3 (17-24) Cross; Quarter; Side w/ 1/8; Weave right; Cross rock; Recover; Quarter; Step; Pivot ½; Step; Pivot ½;

- 1-2& (1)Cross right over left; (2)Turn ¼ right and step left back; [1:30] (&)Turn 1/8 right and step right to the side; [3:00]
3&4& (3)Cross left over right; (&)Step right to the side; (4)Cross left behind right; (&)Step right to the side;
5-6& (5)Cross rock left over right; (6)Recover weight to right; (&)Turn ¼ left, stepping left forward; [12:00]
7&8& (7)Step right forward; (&)Turn ½ left, weight to left; [6:00] (8)Step right forward; (&)Turn ½ left, weight to left; [12:00]

S4 (25-32) Cross; Back; Side; (Jazz triangle) Cross; Back Side; Cross; (Jazz box) Side rock; Recover; Forward; Rock forward; Recover; Back; Half; (continue turning ¼ more into count 1)

- 1-2& (1)Cross right over left; (2)Step left back; (&)Step right to the side;
3&4& (3)Cross left over right; (&)Step right back; (4)Small step left to the side; (&)Cross right over left;
5-6& (5)Rock left to the side; (6)Recover weight to right; (&)Step left forward;
7&8& (7)Rock forward on right; (&)Recover weight to left; (8)Step right back; (&)Turn ½ left and step left forward [6:00],

Continue turning a further quarter turn left as you begin the dance again facing 3:00.

Repeat

Tag 1: At the end of wall 3, you will be facing original 9:00 wall, dance this tag.

T1 (1-2) Sway Right; Sway Left;

- 1-2 Sway out onto right; Sway back onto left;

Tag 2: At the end of wall 5, you will be facing original 3:00 wall, dance this tag.

T2 (1-12) Sway right; Sway left; Hold for 4; 2 NC2 basics;

1-4 (1)Sway right; (2)Sway left; (3)Hold; (4)Hold;;

5-6 (5)Hold; (6)Hold; Start dancing again when you hear "were"

1-2& (1)Long step to the right; (2)Rock left close to right heel; (&)Recover while crossing right slightly over left;

3-4& (3)Long step to the left; (4)Rock right close to left heel; (&)Recover while crossing left slightly over right;

Ending: On wall 6, you will dance up through count 19, Sweep right making a half turn left to face front, big step right and drag left.

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