

Parade

拍數: 32 牆數: 4 級數: High Improver
編舞者: Magali CHABRET (FR) - March 2015
音樂: Parade - O'Shea : (CD: The Famine and The Feast, 16 janvier 2015)



#16 counts intro

Section 1 – R KICK BALL POINT, L KICK BALL POINT, TOUCH, POINT, SAILOR ¼ TURN R

- 1&2 Kick right forward – step ball of right beside left – point left to side
- 3&4 Kick left forward – step ball of left beside right – point right to side
- &5 Touch right beside left – point right to side
- 6&7 Cross right behind left – 1/4 turn right stepping left next to right – step right forward (3:00)

Section 2 – L SHUFFLE FWD, ROCK, RECOVER, ½ TURN R, PIVOT ¼ TURN R, CROSS SHUFFLE

- 8&1 Step left forward – step right next to left – step left forward
- 2-3-4 Rock forward on right – recover onto left – 1/2 turn right stepping right forward (9:00)
- 5-6 Step left forward – pivot 1/4 turn right (weight on right) (12:00)
- 7&8 Cross left over right – step right to side – cross left over right

Section 3 – SUGAR FOOT SWIVELS WITH ¼ TURN L, R ROLLING VINE, POINT

- 1-2 Step right to side, with slight swivel heels to left – 1/4 turn left stepping left forward, with slight swivel heels to right (9:00)
- 3-4 Step right to side, with slight swivel heels to left – step left to side, with slight swivel heels to right
- 5-6-7 1/4 turn right stepping right forward – 1/4 turn right stepping left to side – 1/2 right stepping right to side (9:00)
- 8 Point left to side and clap hands

Section 4 – L ROLLING VINE WITH CHASSE L, JAZZ BOX

- 1-2 1/4 turn left stepping left forward – 1/4 turn left stepping right to side
- 3&4 1/2 turn left making a left side shuffle (9:00)
- 5-8 Cross right over left – step back on left – step right to side – step left forward

RESTART during 4th wall, after 16 counts, face to 3:00

Original stepsheet of the choreographer - galicountry76@yahoo.fr - www.galichabret.com