

Above My Head

COPPER **KNOB**
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Martie Papendorf (SA) - March 2015
音樂: Up Above My Head - Rhiannon Giddens



Start on vocals after 32 counts. - No Tags Or Restarts

S1: KICK BALL STEP, FWD SHUFFLE, &, STEP, SCUFF, STEP, SCUFF, FWD SHUFFLE

1&2 Kick R fwd, Step R next to L, Step L next to R,
3&4 Step R fwd, Step L next to R, Step R fwd,
&5&6& Step L next to R, Step R fwd, Scuff L next to R and clap, Step L fwd, Scuff R next to L and
clap,
7&8 Step R fwd, Step L next to R, Step R fwd [12.00]

S2: KICK, CROSS, BACK ¼ LEFT, &, FWD SHUFFLE, STEP, SCUFF, STEP, SCUFF, FWD SHUFFLE

1&2 Kick L across R, Step L across R, Step R back making a ¼ turn left, [9.00]
&3&4 Step L next to R, Step R fwd, Step L next to R, Step R fwd,
5&6& Step L fwd, Scuff R next to L and clap, Step R fwd, Scuff L next to R and clap,
7&8 Step L fwd, Step R next to L, Step L fwd [9.00]

S3: ROCK ¼ LEFT, RECOVER, ROCK ¼ LEFT, RECOVER, RUN FWD R, L, R, ROCK, RECOVER ¼ LEFT, SIDE ¼ LEFT

1 Rock R out to right side making a ¼ turn left extending arms up above head, [6.00]
2 Recover L to left side bringing arms down,
3 Rock R out to right side making a ¼ turn left extending arms up above head, [3.00]
4 Recover L to left side bringing arms down,
5&6 Run fwd on bent knees R, L, R,
7&8 Rock L fwd, Recover R back making a ¼ turn left [12.00], Step L to left side making a ¼ turn
left [9.00]

S4: KICK, &, KICK, &, POINT, &, POINT, BACK, BACK, &, BACK, TOGETHER, TOUCH

1&2& Kick R fwd, Step R next to L, Kick L fwd, Step L next to R,
3&4 Point R to right side, Step R next to L, Point L to left side,
5 Step L long step back bending fwd dragging R heel [toes flexed],
6 Step R long step back bending fwd dragging L heel [toes flexed],
&7&8 Step L next to R, Step R back, Step L next to R, Touch R next to L [9.00]

START AGAIN

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