# **Book of Life**



拍數: 40 牆數: 4 級數: Improver

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音樂: No Matter Where You Are - Us The Duo



### LDF Manchester

Intro: 32 Counts - Start on heavy beat

S1. Side	Together C	hassa Cross	Rock Recove	r 1/ Chassa
o I. Siue,	TOGETTE C	Hasse, Cluss	I JOCK I JECOAE	ii. /4 Uliasse

12	Step Right to	Right side	Sten	Left next to	Right

- 3 & 4 Step Right to Right side, Step Left next to Right, Step Right to Right side.
- 5 6 Cross rock Left over Right, Recover onto Right.
- 7 & 8 Step Left to Left side, Step Right next to Left, Make ¼ Left stepping forward Left.

## S2: Step Lock Step, Step Lock Step, Pivot ½

- Step forward Right, Lock Left behind.
  Step forward Right, Step forward Left.
  Lock Right behind, Step forward Left.
- 7 8 Step forward Right, Pivot ½ putting weight onto Left.

## S3: Shuffle Pivot ½, Shuffle Pivot ¼

1 & 2	Step forward Right, Step Left next to Right, Step forward Left.	
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- 3 4 Step forward Left, Pivot ½ putting weight onto Right.
- 5 & 6 Step forward Left, Step Right next to Left, Step forward Left.
- 7 8 Step forward Right, Pivot ¼ putting weight onto Left.

### S4: Jazz Box, 2 x Pivot ½ Turns

- 1 2 Cross Right over Left, Step back Left.
- 3 4 Step Right to Right side, Step forward Left.
- 5 6 Step forward Right, Pivot ½ putting weight onto Left.
- 7 8 Step forward Right, Pivot ½ putting weight onto Left.

# S5: 1/4 Jazz Box, 1/2 Monterey

- 1 2 Cross Right over Left, Step back Left.
- 3 4 Step Right to Right side making ¼ Right, Step Left next to Right.
- Touch Right toe out to Right Side, Pivot 1/2 to Right placing Right foot next to Left.
- 7 8 Touch Left toe out to Left side, Return Left foot next to Right taking weight on Left.