

Full Control (aka Rodeo)

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Novice
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音樂: Rodeo - Lenny Cooper



[1-8] □ Slide, Slide, Walks

- 1,2 Take giant step to the right with the right foot, slide left foot in touching next to the right
3,4 Take giant step to the left with the left foot, slide right in touching next to left
5-8 Walk backwards right, left, right, touch left next to right.

[9-16] □ Turning Box, Body Rolls

- 1,2 Step left foot forward, Step right foot back turning a ¼ turn left. (9:00)
3,4 Step left foot forward turning ¼ turn to the left (6:00), Step right foot back turning a ¼ turn left. (3:00)
5,6 Body roll with weight staying on right foot
7,8 Step left foot to the left side, while doing a body roll, transferring weight to left. (facing 3:00)
[body rolls will happen while facing 3 o'clock, but you will roll facing the diagonals, 1 o'clock/4 o'clock]

[17-24] □ Coaster step, Foot Slide, Turning shuffle

- 1&2 Step right foot back, step left foot back next to right, step right foot forward
3,4 Step left toe next to right, press down onto left heel while sliding right foot back (weight remains on the left)
5,6 Rock right foot forward, recover back onto left
7&8 Shuffle right, left, right while doing a ½ turn to the right. (9:00)

[25-32] □ Fwd traveling Lock steps, Out/Out Hip Rolls

- 1,2&3 Step left out to the left (on a diagonal) , lock right foot behind left, step left to the left (&), step right foot forward (on opposite diagonal)
4&5,6 Lock left foot behind right, step right foot to the right side (&), step left foot out to the left (5), step right foot out to the right (6)
7&8 Roll hips counter clockwise with weight ending on left.

Repeat And Enjoy!!!!!!

See walk thru video <https://youtu.be/-WEBYayTgDw>
for any additional questions! Or E-mail us!

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