She's With Me

級數: Low Intermediate

編舞者: Theresa Reed (USA) - March 2015

音樂: She's with Me - High Valley : (Album: County Line)

牆數:4

#16 count Intro (begin on vocals)

Personal Note: This dance is for my wonderful hubby who supports me in all things and often expresses the sentiment of the song, for which I love him dearly - but he is my rock, my shelter, my friend &quite simply : "He's Amazing!"

[1-8]: Turning Sambas (2...making 1/4 turn left), Behind-Side-Cross, Big Step-Together

- 1&2 Step right foot across left (on diagonal at 1:30), step ball of left foot next to right, step right foot to right and slightly back. (1:30)
- 3&4 Step left foot across right, step ball of left foot next to right(on diagonal at 11:30), step left foot to left squaring up to 9 o'clock wall. (9 o'clock)
- 5&6 Step right foot behind left, step left foot to left, step right foot across left.
- 7 8 Big Step to left on left foot, Step right foot beside left. (9 o'clock)

[9-16]: Mambo Forward, Mambo Back, Mambo Cross, Hinge Turn to Left (1/2)

- 1&2 Step forward on left, recover weight to right foot in place, step left foot beside right.
- 3&4 Step back on right, recover weight to left foot in place, step right foot beside left.
- 5&6 Step to left side on left, recover weight to right foot in place, step left foot across right.
- 7 8 ¹/₄ turn left stepping back on right foot, ¹/₄ turn left stepping left foot to left. (3 o'clock)

*** Restarts happen HERE! *** (The Restart happens while dancing Wall 6 (which starts facing 6 o'clock). At the restart point in dance, you will be facing 12 o'clock.)

[17-24]: Cross-Step-Cross, Rhumba Box, Rock- Recover

- 1&2 Step right foot across left, step left foot to left, step right foot across left.
- 3&4 Step left foot to left, step right foot beside left, step left foot forward.
- 5&6 Step right foot to right, step left foot beside right, step right foot back.
- 7 8 Rock back on left foot, Recover weight to right. (3 o'clock)

[25-32]: Step forward and Touch Toe-Hold, Step back and Touch Heel-Hold, Replace weight to left foot, Jazz Box with ½ turn right

- &1 2 Step left foot forward, touch right toe behind left, hold
- &3.4 Step right foot back, touch left heel forward, hold.
- & Step left foot beside right.
- 5 6 7 8 Step right foot over left, step left foot back, making ½ turn right step right foot forward, step right foot beside left. (9 o'clock)

TAG: (Dance the Tag after Wall 2 and before Wall 3...you will be facing 6 o'clock)

[1-8]: Rock & Rock& Step-Clap (right side); Rock & Rock& Step-Clap (left side)

- 1&2&3 4 Rock right foot forward, replace weight to left, Rock right foot to right, replace weight to left, step right foot next to left (Stomp if you feel it...just make sure to take weight here!), Clap.
- 5&6&78 Rock left foot forward, replace weight to right, Rock left foot to left, replace weight to right, step left foot next to right (Stomp if you feel it...just make sure to take weight here!), Clap.

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拍數: 32