

# Don't

拍數: 64      牆數: 0      級數: Phrased Intermediate  
編舞者: Nicky Tan (MY) - March 2015  
音樂: Don't - Ed Sheeran



## SEQUENCE OF DANCE : A A B B

Intro starts after 4 counts, after lyrics "ahhhhhmmmm"

### INTRO (2x8)

1&2      Touch RF beside LF, Scuff R heel, Stomp RF in place  
3&4      Touch LF beside RF, Scuff L heel, Stomp LF in place  
5&6      Repeat 1&2  
7&8      Repeat 3&4

Do two sets

### PART A (4X8)

#### SECTION A1 : TOUCH, SCUFF, STOMP, STEP, HEEL SWIVEL, 1/2R BOUNCE, BEHIND SIDE CROSS

1&2      Touch RF beside LF, Scuff R heel forward, Stomp RF in place  
&3&      Step LF forward, Swivel both heels to L then back to middle  
4&      Swivel both heels to L then back to middle  
5&6      Bounce both heels three times making a ½ R turn (6:00)  
7&8      Cross RF behind LF, Step LF to side, Cross RF over LF

#### SECTION A2 : HIP BUMP, BEHIND, SIDE, CROSS, ¼ L STAR STEPS X2, HEEL JACK

1&2&      Touch LF to side & push hip out to L side twice  
3&4      Cross LF behind RF, Step RF to side, Cross LF over RF  
5      Turn ¼ L with weight on LF & Touch RF to side, (3:00)  
6      Repeat Step 5 (12:00)  
7&      Cross RF over LF, Step LF beside RF  
8&      Touch R heel forward, Step RF beside LF

#### SECTION A3 : STEP FORWARD, PIVOT 1/4R, PIVOT 1/4L, COASTER STEP, SYCOPATED V-STEP, STEP, HEEL LIFT

1,2      Step LF forward, Turn ¼ R (3:00)  
3      Turn ¼ L with weight on RF (12:00)  
4&      Step LF back, Step RF together  
5&      Step LF diagonally forward, Step RF to side  
6&      Step LF back, Step RF together  
7&8      Step LF forward (7), Lift both heels with knees bent (&), Both heels on ground (8)

#### SECTION A4 : DIAGONAL SHUFFLE TO L THEN R, FORWARD ROCK RECOVER, SIDE ROCK RECOVER, ¼ L SAILOR TURN

1&2      Step LF diagonally forward to L, Lock RF behind LF, Step LF diagonally forward  
3&4      Step RF diagonally forward to R, Lock LF behind RF, Step RF diagonally forward  
5&      Rock LF forward, Recover on RF  
6&      Rock LF to side, Recover on RF  
7&8      Turn ¼ L & Step LF back, Step RF together, Step LF forward (9:00)

### PART B (4X8)

#### SECTION B1 : STEP FLICK R, L, R, L

1,2      Step RF beside LF & slightly bend both knees, Flick RF back  
3,4      Step RF beside LF & slightly bend both knees, Flick LF back  
5,6      Repeat Steps 1,2

7,8 Repeat Steps 3,4 (6:00)

**SECTION B2 : L STEP FORWARD, TOUCH, ½ R, ½ R, SIDE, BODY ROLL, ¼ L STEP TOGETHER**

1,2 Big Step LF forward, Touch RF beside LF  
3& Turn ½ R & Step RF forward, Turn ½ R & Step LF back (6:00)  
4 Step RF to side  
5,6 Body roll to right then left  
7,8 Body roll to right, Turn ¼ L & step LF beside RF(3:00)

**SECTION B3 : BODY MOVEMENT, L KICK, ¼ R BALL, R STEP, L CROSS TOUCH, KICK, STEP, R KICK, STEP FORWARD**

1,2 With both feet in place, stretch body backward & straight again  
3& Kick LF forward, Turn ¼ R & Ball Step LF beside RF, (6:00)  
4 Touch RF beside LF  
5,6 Touch RF across LF, Kick RF diagonally to R,  
7,8 Step RF beside LF & Kick LF diagonally to L, Step LF forward

**SECTION B4 : R PRESS, TOGETHER, L PRESS, TOGETHER, R FLICK OUT IN, TOES OUT IN, HOLD, ¼ L HITCH**

1,2 Press RF forward, Step RF beside LF  
3,4 Press LF forward, Step LF beside RF  
5& Flick RF out to right then flick behind L knee  
6 Step RF to side  
7& Bend knees & push both knees and toes out to side, Touch both knees (toes in)  
8& Straighten legs, Turn ¼ L on LF & hitch R knee (3:00)

**Last Update - 10th Sept 2015**

---