

Over Getting Over

COPPER KNOB
BY SHEETS

拍數: 64 牆數: 4 級數: Easy Intermediate
編舞者: Yvonne Anderson (SCO) & Gaye Teather (UK) - March 2015
音樂: Over Getting over You (feat. Natalie Noone) - James House : (CD: Songwriters Serenade)



#16 count intro. Start on vocals - Dance rotates in CW direction

S1: Walk forward x 2. Shuffle forward. Left Rocking chair

1 – 2 Walk forward Right. Left
3&4 Step forward on Right. Step Left beside Right. Step forward on Right
5 – 6 Rock forward on Left. Recover onto Right
7 – 8 Rock back on Left. Recover onto Right

S2: Step. Pivot quarter turn Right. Cross shuffle. Side toe strut. Behind-side-cross

1 – 2 Step forward on Left. Pivot quarter turn Right (Facing 3 o'clock)
3&4 Cross Left over Right. Step Right to Right side. Cross Left over Right
5 – 6 Step Right toe to Right side. Drop Right heel to floor
7&8 Cross Left behind Right. Step Right to Right side. Cross Left over Right

S3: Half Monterey turn Right. Jazz box cross

1 – 2 Point Right toe to Right side. Half turn Right on ball of Left stepping Right beside Left
3 – 4 Point Left toe to Left side. Step Left beside Right (Facing 9 o'clock)
5 – 8 Cross Right over Left. Step back on Left. Step Right to Right side. Cross Left over Right

S4: Side Right toe strut. Behind. Quarter turn Right. Step. Tap. Back. Tap

1 – 2 Step Right toe to Right side. Drop Right heel to floor
3 – 4 Cross Left behind Right. Quarter turn Right stepping forward on Right (Facing 12 o'clock)
5 – 6 Step forward on Left. Tap Right behind Left
7 – 8 Step back on Right. Tap Left across Right

S5: Step. Pivot half turn Right. Step. Hold. Forward lock step. Hitch

1 – 4 Step forward on Left. Pivot half turn Right, Step forward on Left. Hold (Facing 6 o'clock)

*Restart from beginning at this point during wall 4 (You will be facing 3 o'clock)

5 – 8 Step forward on Right. Lock Left behind Right. Step forward on Right. Hitch Left slightly

S6: Sway. Sway. Side Left. Drag. Vine quarter turn Right. Brush

1 – 2 Step Left slightly to Left swaying onto Left. Sway onto Right
3 – 4 Long step to Left on Left. Drag Right towards Left (weight remains on Left)
5 – 6 Step Right to Right side. Cross Left behind Right
7 – 8 Quarter turn Right stepping forward on Right. Brush Left forward (Facing 9 o'clock)

S7: Cross. Back. Back. Cross. Side rock quarter turn Right. Shuffle forward

1 – 4 Cross Left over Right. Step back on Right. Step back on Left. Cross Right over Left
5 – 6 Rock Left to Left side. Recover onto Right making quarter turn Right (Facing 12 o'clock)
7&8 Step forward on Left. Step Right beside Left. Step forward on Left

S8: Step. Pivot half turn Left. Step. Pivot quarter turn Left. Step. Tap. Back. Tap

1 – 4 Step forward on Right. Pivot half turn Left. Step forward on Right. Pivot quarter turn Left (Facing 3 o'clock)
5 – 8 Step Right forward. Tap Left beside Right. Step back on Left. Touch Right across Left

Start again

