

# It Feels Good, Good, Good

COPPERKNOB  
STEPSHEETS

拍數: 32                      牆數: 4                      級數: Improver  
編舞者: Gail Smith (USA) - March 2015  
音樂: It Feels Good - Drake White



**INTRO: 16 Counts from the downbeat ( begin on Vocals )**

## **K-STEP with CLAPS**

1 - 2 &                      Step R to R fwd diagonal, touch L toes next to R foot and CLAP, CLAP  
3 - 4                        Step L to L back diagonal (center), touch R toes next to L foot and CLAP  
5 - 6 &                      Step R to R back diagonal, touch L toes next to R foot and CLAP, CLAP  
7 - 8                        Step L to L fwd diagonal (center), touch R toes next to L foot and CLAP

## **JAZZ BOX with CROSS, SYNCOPATED WEAVE, HEEL JACK w CROSS**

1-2-3-4                      Step R across L, step L back, step R to side, step L across R  
& 5 & 6                      Step R to side, step L crossed behind R, step R to side, step L across R  
**\*\*\* ( Easy Option: 5 - 6 Step R to side, step L crossed behind R )**  
& 7                        Step R to side, tap L heel to fwd L diagonal  
& 8                        Step slightly back on L, step R across L  
**\*\*\*\*\* RESTART here on wall 3. Happens facing 6:00**  
**Change count 8 to touch R toes next to L foot for the Restart.**

## **BOUNCE, BOUNCE ( 1/2 turn ), COASTER STEP, KICK-BALL-CHANGES**

1 - 2                        On balls of both feet, turn 1/4 L and bounce on heels, REPEAT □ [6:00]  
**( ending with weight on RIGHT foot )**  
3 & 4                        Step L back, step R together, step L fwd  
5 & 6/7                      Kick R fwd, step ball of R next to L foot, step L in place  
7 & 8                        Kick R fwd, step ball of R next to L foot, step L in place

## **JAZZ BOX with 1/4 TURN, TOE POINTS, HEEL SWITCHES**

1-2-3-4                      Step R across L, step L back, turn 1/4 R stepping R to side, step L fwd 9:00  
5 & 6                        Tap R toes out to side, step R next to L foot and tap L toes out to side  
& 7                        Step L together, tap R heel fwd  
& 8 &                        Step R together, tap L heel fwd, L step together

**START AGAIN!**

**ENDING: IF you want to end facing the front, change the 1/4 turn Jazz box to 1/2 turn and do the footwork facing the front!**

**A BIG thank you to Tina Frances Cloud Myerson for this music suggestion!**

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