

Hey Y'all

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Beginner
編舞者: Melissa Caldarone (USA) - February 2015
音樂: Hey Y'all - Cole Swindell



Intro: 16 count intro, start with vocals & HAVE FUN!!
Start with your feet together, weight on left foot.

S1: VINE RIGHT, HIP BUMPS

1-4 Step R to side, cross L behind, step R to side, cross L in front
5-8 Hip bumps hips up & down & up & down (Counts 5&6&7&8)
Weight shifts to Right Foot on 8

S2: VINE LEFT, HIP BUMPS

1-4 Step L to side, cross R behind, step L to side, cross R in front
5-8 Hip bumps hips up & down & up & down (Counts 5&6&7&8)
Weight shifts to Left Foot on 8

S3: JAZZ BOX, HEEL GRIND ¼ TURN TO RIGHT

1-4 Cross R over L, step back on L, step R to right side, step front L
5-6 Right Heel grind ¼ turn to right, recover on Left
7-8 Step Right, Step Left

S4: JAZZ BOX, HEEL GRIND ¼ TURN TO RIGHT

1-4 Cross R over L, step back on L, step R to right side, step front L
5-6 Right heel grind ¼ turn to right, recover on Left
7-8 Step Right, Step Left

S5: ROCK FORWARD, SHUFFLE BACK; ROCK BACK, SHUFFLE FRONT

1-4 Rock forward R, replace weight back L, shuffle back
5-8 Rock back L, replace weight forward R, shuffle front

S6: 2 PIVOT ½ TURNS, JAZZ BOX

1-4 Step right forward, pivot ½ turn left (weight to left) Step right forward, pivot ½ turn left (weight to left)
5-8 Cross R over L, step back on L, step R to right side, cross L over R

BEGIN AGAIN

High Beginner Option:

Instead of heel grinds add a ¼ Monterey Turn to right

1-2 Touch right side, turn 1/4 right and step right together
3-4 Touch left side, step left together

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