

# Beautiful - Lana

COPPERKNOB  
BY STEPHENETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Annemaree Sleeth (AUS) & Timothy To (CAN) - March 2015  
音樂: Lana - Roy Orbison : (Album: The Very Best Of Roy Orbison - iTunes - 2:17)



Start dance on vocals on 64 counts "Lana" - (Feel free to move arms as you feel )

Make up fun 60 counts while the music is going (Running on the spot for the last 4 counts of intro feels good)

## Sec 1: [1 – 8] ½ CHARLESTON, L COASTER, OUT-SIDE, OUT-SIDE, R COASTER

1- 2            Touch R forward . Step R back (swinging arms)  
3 &4            Step L back, step R together, step L forward  
5 - 6            Step R Out to side ,step L out to side (Rolling hips outward)  
7& 8            Step R back, step L together, step R forward

## SECT 2: [9 - 16] STEP LOCK , SHUFFLE, ½ PIVOT , SIDE ROCK CROSS

1 - 2            Step L forward, lock R behind L  
3 &4            Step L forward, step R together, step L forward  
5 - 6            Step R forward, pivot 1/2 Left (weight L)  
**Tag & Restart here during wall 3 facing 12.00 add 4 hips sways , R, L , R, L**  
7 &8            Step R side, recover L, Cross R over L (weight R) 6.00 wall

## Sect 3: [17 – 24] L KICK BALL CROSS , ROCK RECOVER, L JAZZ BOX, POINT

1& 2            Kick forward L , step L next to R, cross R over L  
3 – 4            Rock to L side , recover on R  
5 – 6            Cross L over R, step R back (or option below)  
7 – 8            Step L side, point R to R side

## Sect 3: OPTION TOE STUTS ON A JAZZ BOX FORMATION

5 &            Cross L toe over R, drop L heel  
6 &            Step R toe back, drop R heel  
7 &            Step L toe side, drop L heel  
8                Point R to R side

## Sect 4: [25 - 32] TOUCH HEEL FORWARD, TOUCH TOES BACK (swing arms) ¼ R , POINT , WALK 2, L SHUFFLE FORWARD

1 – 2            Touch R heel forward, Touch R toes back  
3 – 4            Step R forward turning ¼ R, Point L toe to L side ( 9.00)  
5 – 6            Step L forward, step R forward  
7& 8            Step L forward, step R together, step L forward.

## Wall 3: Both Tag & Restart

(facing 6.00) dance up to 14 counts (facing 12.00) add 4 sway, (R, L, R, L) Restart

## Wall 6 (facing 6.00) dance up to 24 counts (facing 12.00) add 4 steps to finish

## Alternate Endings To Finish at Front add these steps

1 – 4            Walk forward , R, L, R Point L side or  
**Touch Heel Forward, Touch Toes Back,& Shuffle Forward**  
1 – 2            Touch R heel forward, Touch R toes back  
3 &4            Step R forward, step L together, step R forward- R shuffle fwd.

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