

Jump Senora

COPPER **KNOB**
STEPSHEETS

拍數: 56

牆數: 2

級數: Phrased Novice / Intermediate
Novelty

編舞者: Amélie Jammart (BEL) & Allan Bungeneers (BEL) - March 2015

音樂: Shake Senora (feat. T-Pain & Sean Paul) - Pitbull



Sequence : A, B, C, B, 1st 16 of B, A, B, C, 1st 16 of B, A, B, C, TAG, B, A, B, C, B

PART A – 8 counts

A1: STEP RIGHT, ROCK BACK, RECOVER, STEP LEFT, ROCK BACK, RECOVER, STEP CROSS OVER, 2X BOLTAFOGO

1 RF Step R
& LF rock back
2 RF recover
3 LF Step L
& RF rock back
4 LF recover
5 RF cross over LF
& LF rock to left
6 RF recover weight
7 LF cross over RF
& RF rock to right
8 LF recover weight

PART B – 32 counts

B1: VAUDEVILLES, OUT RIGHT, OUT LEFT, IN RIGHT, IN LEFT

9 RF cross over LF
& LF back diagonally R
10 RF heel touch diagonally forward R
& RF beside LF
11 LF cross over RF
& RF back diagonally L
12 LF heel touch diagonally forward L
13 RF step out diagonally R
14 LF step out diagonally L
15 RF step in
16 LF step in

B2: PIVOT ½ TURN RIGHT, FULL TURN RIGHT, ROCK FORWARD, COASTER STEP

17 RF step forward
18 LF turn ½ R
19 RF step back ½ turn R
& LF step forward ½ turn R
20 RF step forward
21 LF rock forward
22 RF recover
23 LF step back
& RF step next to LF
24 LF forward

B3: ROCK SYNCOPATED R AND L

25 RF rock cross over RF forward

& LF recover
26 RF rock back
& LF recover
27 RF rock cross over RF forward
& LF recover
28 RF step side L
29 LF rock cross over LF forward
& RF recover
30 LF rock back
& RF recover
31 LF rock cross over LF forward
& RF recover
32 LF step side R

B4: ¼ TURN R, CROSS SHUFFLE, ROCK LEFT, SEILOR STEP ¼ TURN LEFT

33 RF step forward
34 LF turn ¼ L
35 RF cross over RF
& LF step side R
36 RF cross over RF
37 LF rock R
38 RF recover
39 LF step behind L
& RF ¼ turn L step side R
40 LF step side L

PART C – 16 counts

C1: VOLTA RIGHT, VOLTA LEFT

41 RF cross over LF
& LF step side L
42 RF cross over LF
& LF step side L
43 RF cross over LF
& LF step side L
44 RF cross over LF
45 LF cross over RF
& RF step side R
46 LF cross over RF
& RF step side R
47 LF cross over RF
& RF step side R
48 LF cross over RF

C2: BATUCADAS X4, MAMBO SIDE RIGHT, BODY ROLL

49 RF step back
& LF press forward
50 LF step back
& RF press forward
51 RF step back
& LF press forward
52 LF step back
& RF press forward
53 RF rock side
& LF recover

54 RF together LF
55-56 body roll up to finish

TAG: BODY ROLL, CLAP IN YOUR HANDS 4X

57-58-59-60 Body roll up to finish
61 Clap in your hands
62 Clap in your hands
63 Clap in your hands
64 Clap in your hands

Contact: bungeneers.allan@gmail.com

Last Update – 18th March 2015
