

Vive Le Swing

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數:
編舞者: Rudy Honing (NL) - March 2015
音樂: Vive le swing - In-Grid



Section 1 : Charleston step RF forward - Charleston step LV back, Step lock step - Pivot 1/2 to the right

1 - 2 Touch R toe forward - Step RF next LF
3 - 4 Touch L toe back - Step LF next RF
5&6 Step RF forward - Step LF behind RF - Step RF forward
7 - 8 Step LF forward - Turn 1/2 to the right

Section 2 : Cross over - Hitch - Cross shuffle - Step to left and close - 3 x swiffle

1 - 2 Step LF over RF - Lift R knee for L
3&4 Cross RF over LF - Step LF to the side - Cross RF over LF
5 - 6 Step LF to the side - Step RF next LF
7&8 Step L + R heels to the right - Step L + R toe to the right - Step L + R heels to the right

Section 3 : toe struts - Rocking chair - toe struts - Rocking chair

1&2& Touch R toe forward - Step R heel down - touch L toe forward - Step L heel down
3&4& Step RF forward - Weight back on LF - Step RF back - Weight back on LF
5&6& Touch R toe forward - Step R heel down - Touch L toe forward - Step L heel down
7&8& Step RF forward - Weight back on LF - Step RF back - Weight back on LF

Section 4 : Jazzbox 1/2 turn to the right - 3 x paddleturns 1/4 to the left - toe touch

1 - 2 Cross RF over LF - Step LF 1/4 turn to the right back
3 - 4 Step RF 1/4 turn to the right - Step LF next RF
5 - 6 Turn 1/4 to the left and touch R toe to the side, Turn 1/4 to the left and touch R toe to the side
7 - 8 Turn 1/4 to the left and touch R toe to the side, Touch R toe next LF

Start again

Contact: r.honing2@kpnmail.nl
