

You're Not Alone

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 2 級數: Easy Improver
編舞者: Karen Kennedy (SCO) - March 2015
音樂: Me Too - James House : (Album: Songwriters Serenade)



Intro:- 32 counts – start on vocals

S1: STEP FWD, KICK, STEP BACK, POINT BACK, STEP FWD, POINT SIDE, STEP FWD, POINT SIDE

1 -2 Step forward on right, kick left forward,
3 -4 Step left back in place, point right toe back,
5 -6 Step right foot forward, point left toe to left side
7 -8 Step left forward, point right toe to right side (12.00)

S2: ¼ JAZZ BOX CROSS, WEAVE TO RIGHT, STEP LEFT FWD

1 -2 Cross right over left, step back on left
3 -4 ¼ turn right stepping right to right side, cross left over right (3.00)
5 -6 Step right to right side, cross left behind right
7 -8 Step right to right side, step left forward (3.00)

S3: RIGHT ROCKING CHAIR, ¼ PIVOT TURN, ¼ PIVOT TURN

1 -2 Rock forward on right, recover on left
3 -4 Rock back on right, recover on left
5 -6 Step forward on right, ¼ pivot left
7 -8 Step forward on right, ¼ pivot left (9.00)

S4: STEP FWD, POINT SIDE, STEP FWD, POINT SIDE, RIGHT ROCKING CHAIR

1 -2 Step forward on right, point left to left side
3 -4 Step forward on left, point right to right side
5 -6 Rock forward on right, recover on left
7 -8 Rock back on right, recover on left (9.00)

S5: 2 x 1/8 RIGHT PIVOT TURN, WEAVE WITH POINT TO LEFT SIDE

1 -2 Step forward on right, pivot 1/8 turning left
3 -4 Step forward on right, pivot 1/8 turning left (6.00)
* Restart here during wall 3 facing back wall
5 -6 Cross right in front of left, step left to left side
7 -8 Cross right behind left, point left to left side (6.00)

S6: CROSS, POINT, ¼ TURN RIGHT, POINT SIDE, LEFT ROCKING CHAIR

1 -2 Cross left in front of right, point right to right side
3 -4 ¼ turn right on left stepping right beside left, point left to left side (9.00)
5 -6 Rock forward on left, recover on right,
7 -8 Rock back on left, recover on right

S7: 2 x 1/4 LEFT PIVOT TURN, CROSS, POINT SIDE, ¼ TURN, POINT SIDE

1 -2 Step forward on left, ¼ pivot right (12.00)
3 -4 Step forward on left, ¼ pivot right (3.00)
5 -6 Cross left in front of right, point right to right side
7 -8 ¼ turn right stepping right beside left, point left to left side (6.00)

S8: WEAVE BEHIND WITH RIGHT TO RIGHT SIDE, RIGHT JAZZ BOX, STEP FWD

1 -2 Cross left behind right, step right to right side
3 -4 Cross left in front of right, point right to right side

5 -6 Cross right over left, step back on left
7 -8 Step right to right side, step left forward (6.00)

START AGAIN

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