No Alcohol

拍數: 32   牆數: 4   級數: Intermediate

編舞者: Cody James Lutz (USA) - March 2015

音樂: Make Me Wanna - Thomas Rhett

#32 count intro. Dance starts on lyrics.

S1: Walk, Walk, ¼ Turn Side, Ball Cross, ¾ Turn Shuffle

12	Step forward on right, step forward on left
3&4	¼ turn left stepping right to right side, step ball of left next to right, cross right over left
56	¼ turn right stepping back on left, ½ turn right stepping right forward
7&8	Step forward on left, step right together, step forward on left

S2: Rock, Recover, ½ Turn Shuffle, ¼ Turn Jazzbox, Cross

12	Rock forward on right, recover weight to left
3&4	½ turn right stepping right forward, step left together, step right forward
56	Cross left over right, make a ¼ turn left stepping back on right
78	Step left to left side, cross right over left*

S3: 1 ¼ Turn Back Shuffle, Step Back, Coaster Kick-Ballstep

12	¼ turn right stepping back on left, ½ turn right stepping right forward
3&4	½ turn right stepping back on left, step right together, step back on left
56&	Step back on right, step back on left, step right together with left
7&8	Kick left forward, step ball of left next to right, step right forward

S4: Big Step, Side, Ball Cross, ¼ Turn Step w/ Sweep, Sailor, Kick-Ballstep

12	Big step forward on left sliding right together, touch right next to left
3&4	Step right out to right side, step ball of left next to right, cross right over left**
56	¼ turn left stepping forward on left, ½ turn left stepping back on right while sweeping left foot out in a circle towards the back of your right foot
7&	Step left behind right, step right to right side
8&(1)	Kick left foot forward, step ball of left next to right, (step forward on right)***

*Note: This is where your first Restart will come on Wall 4.
On count 16, instead of taking weight on right, touch right across left then Restart.

**Note: This is where your second Restart will come on Wall 9.
On Count 28, instead of taking weight on right, touch right across left then Restart.

***Note: This is the first step of the dance, and should go smoothly into Restarting.

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