

Melodia D'oriente (cha cha cha) (東方 曲調) (恰恰) (zh)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Nina Chen (TW) - 2015年03月
音樂: Melodia Orientale (Cha cha cha) - Stefania Ciani



Intro: 32 counts - No Tag & No Restart

S1. ROCK - RECOVER - CHA CHA CHA (R & L)

1-2, 3&4 Rock RF to R - Recover onto LF - Cha cha cha (R L R)
5-6, 7&8 Rock LF to L - Recover onto RF - Cha cha cha (L R L)
1-2, 3&4 右足右下沉 - 重心回左足 - 恰恰恰(右左右)
5-6, 7&8 左足左下沉 - 重心回右足 - 恰恰恰(左右左)

S2. ROCK - RECOVER - BACK SHUFFLE - ROCK - RECOVER - BACK SHUFFLE TURN R 1/2

1-2, 3&4 Rock RF forward - Recover onto LF - Back shuffle (R L R)
5-6, 7&8 Rock LF back - Recover onto RF - Back shuffle (L R L) turn R 1/2 (6:00)
1-2, 3&4 右足前下沉 - 重心回左足 - 後交換步 (右 左 右)
5-6, 7&8 左足後下沉 - 重心回右足 - 後交換步 (左 右 左) 向右轉1/2 (6:00)

S3. CROSS - RECOVER - CHASSE (R & L)

1-2, 3&4 Cross RF behind LF - Recover onto LF - Step RF to R - Step LF beside RF - Step RF to R
5-6, 7&8 Cross LF behind RF - Recover onto RF - Step LF to L - Step RF beside LF - Step LF to L
1-2, 3&4 右足後交叉 - 重心回左足 - 右足右踏 - 左足併於右足旁 - 右足右踏
5-6, 7&8 左足後交叉 - 重心回右足 - 左足左踏 - 右足併於左足旁 - 左足左踏

S4. CROSS MAMBO (R & L) - HEEL GRIND 1/4 TURN R - ROCK - RECOVER

1&2, 3&4 Cross mambo on (RLR), (LRL)
5-8 Touch RF heel forward/grind 1/4 turn R (9:00) - Rock RF back - Recover onto LF
1&2, 3&4 右前交曼波步 (右 左 右) - 左前交曼波步 (左 右 左)
5-8 右足跟在前方轉動向右轉1/4 (9:00) - 右足後下沉 - 重心回左足

Have Fun & Happy Dancing!

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