

Newtopia (Heaven or Hell)

拍數: 48 牆數: 4 級數: Improver
編舞者: Mathias Pflug (DE) - March 2015
音樂: Say Heaven Say Hell - Miss Montreal



[01-08] □ Cross Rock R & Cross Rock L & Cross, Side, Sailor-Heel &

1-2& Cross R Over L, Recover On L, Step R Beside L
3-4& Cross L Over R, Recover On R, Step L Beside R
5-6 Cross R Over L, Step L To L Side
7& Step R Behind L, Step L To L Side
8& Dig R Heel Fwd, Step R Beside L

[09-16] □ Cross, Side, Behind-Side-Cross, Side, ¼ Turn L, Walk (r+l)

1-2 Cross L Over R, Step R To R Side
3&4 Step L Behind R, Step R To R Side, Cross L Over R
5-6 Step R To R Side, ¼ Turn L On Both Balls (9.00)
7-8 Walk Fwd (r-l)

[17-24] □ Rock Fwd, Tripple Full Turn R, Rock Fwd, ½ Turn L Shuffle Back

1-2 Step R Fwd, Recover On L
3&4 Full Tripple Turn R On Spot (r-l-r) Or Alternative: Coaster Step (r-l-r) (9.00)
5-6 Step L Fwd, Recover On R
7&8 ¼ Turn L & Step L To L Side, Step R Beside L, ¼ Turn L & Step L Fwd (3.00)

*** □ Restart: During Wall 4, Facing 6.00 – Restart The Dance And Start From The Beginning □ ***

[25-32] □ Mambo Step Fwd, Coaster Step, Heel & Touch & Heel & Cross

1&2 Step R Fwd, Recover On L, Step R Beside L
3&4 Step L Back, Step R Beside L, Step L Fwd
5& Touch R Heel Fwd, Step R Beside L
6& Touch L Toe Beside R, Step L Beside R
7&8 Touch R Heel Fwd, Step R Beside L, Cross L Over R

[33-40] □ Side Rock, Behind-Side-Cross, Side, Hold & Side, Touch

1-2 Step R To R Side, Recover On L
3&4 Step R Behind L, Step L To L Side, Cross R Over L
5-6 Step L To L Side, Hold
&7-8 Step R Beside L, Step L To L Side, Touch R Beside L

[41-48] □ Chassé R, Sailor L+R, Touch Behind, Undwind ½ Turn L

1&2 Step R To R Side, Step L Beside R, Step R To R Side
3&4 Step L Behind R, Step R To R Side, Step L To L Side

*** □ Restart: During Wall 7, Facing 3.00 – Restart The Dance And Start From The Beginning □ ***

5&6 Step R Behind L, Step L To L Side, Step R To R Side
7-8 Touch L Toe Behind R, ½ Turn L On Both Balls (weight Is On Lf) (9.00)

START AGAIN!

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