

Less Talk - More Action

拍數: 32 牆數: 4 級數: Improver
編舞者: Vivie Siff Christiansen (DK) - March 2015
音樂: A Little Less Talk and a Lot More Action - Toby Keith



Intro: 16 counts – start on Vocals

Sec. 1: Side Rock R, Cross Shuffle R, Side Rock L, 1/4 Turn R, Shuffle L

1-2 Rock R to R side, recover on L,
3&4 Cross R over L, L to R side, cross R over L
5-6 Rock L to L side, turn ¼ to R and weight on R
7&8 Step L forward, step R beside L, step L forward

Sec. 2: Toe Heel Cross RL, FW Rock R

1-3 R toe next to L toe, R heel next to L toe, cross R over L
4-6 L toe next to R toe, L heel next to R toe, cross L over R
7-8 Rock forward on R, recover on L

Sec. 3: 1/4 Unwind R, Cross Shuffle L, Side Rock R, 1/4 Coaster Turn R

1-2 R toe behind L, turn ¼ R and weight on R (For attitude you can bend knee when you turn)
3&4 Cross L over R, step r to R, cross L over R
5-6 Rock R to R side, recover on L
7&8 Step R back making ¼ turn R, step L to R, step R forward

Sec. 4: Walk L+R, Kick Ball Step L, Rock L, Coaster Step L

1-2 Walk L,R (Bend knee a little - for attitude □)
3&4 Kick L fwd., step L next to R, step R fwd.
5-6 Rock fwd. L, recover on R
7&8 Step back on L, step R back to L, Step fwd. on L

Ending: Wall 10. Dance to Sec. 4 count 6. Facing 6 o'clock. Then step ½ turn R ...

Have Fun

Last Update - 8th March 2015
