

Sweet As Honey (P)

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 0 級數: Intermediate Partner / Mirror
編舞者: Greg Van Zilen (USA) & Samantha Van Zilen (USA) - February 2015
音樂: Homegrown Honey - Darius Rucker



Same, and Different Footwork

Starting Position: Partners facing with man facing LOD, two hand hold with arms crossed right over left

Intro: 32 count start dancing on lyrics

(1-8) Mambo 4x man, 3x lady then ladies step-turn ½ right

1&2 MAN: □ Step left foot to side, replace weight onto right foot, step left foot next to right.
3&4 Step right foot to side, replace weight onto left foot, step right foot next to left.
5&6 Step left foot forward, replace weight onto right foot, step left foot next to right.
7&8 Step right foot back, replace weight onto left foot, step right foot next to left.

1&2 LADY: □ Step right foot to side, replace weight onto left foot, step right foot next to left.
3&4 Step left foot to side, replace weight onto right foot, step left foot next to right.
5&6 Step right foot back, replace weight onto left foot, step right foot next to left.
7,8 Step left foot forward, ½ turn right weighting right foot.

Hands: On count 7 man brings right hands up and over ladies head then lowering to side-by-side on count 8.

(9-16) Shuffle forward left, step right, ½ turn left, shuffle forward right, step left, ½ turn right

1&2 BOTH: □ Step left foot forward, step right foot next to left, step left foot forward.
3,4 Step right foot forward, ½ turn left weighting left foot.
5&6 Step right foot forward, step left foot next to right, step right foot forward.
7,8 Step left foot forward, ½ turn right weighting right foot.

Hands: On count 3 release left hands bring right up and over ladies head then lowering to hammerlock behind man's back on count 4.

On count 8 bring right hands up and over ladies head and rejoining left into side-by-side position.

(17-24) Left forward rock-replace, left coaster step (repeat with right)

1,2 BOTH: □ Step left foot forward, replace weight onto right foot.
3&4 Step left foot back, step right foot next to left, step left foot forward.
5,6 Step right foot forward, replace weight onto left foot.
7&8 Step right foot back, step left foot next to right, step right foot forward.

(25-32) Both walk left, right, left shuffle forward (man repeats starting R – ladies ½ turn L, walk back 3x)

1,2 BOTH: □ Step left foot forward, step right foot forward.
3&4 Step left foot forward, step right foot next to left, step left foot forward.
5,6 MAN: □ Step right foot forward, step left foot forward.
7&8 Step right foot forward, step left foot next to right, step right foot forward.
5-8 LADY: □ ½ turn left stepping right foot back, step left foot back, step right foot back, step left foot back.

Got it? - Good, do it again.

Contact - (860) 537-5849 outtalinedj@aol.com