

# Take A Trip

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Sadiah Heggernes (NOR/UK) - March 2015  
音樂: Take a Trip - Mono Street : (iTunes)



## #16 Count Intro – start on vocals

### S1: □□ Side Rock, Syncopated Weave ¼ Turn L, Rocking Chair, Step, Chase Turn R,

1&2&      Rock R to side. Recover onto L. Cross R over L. Step L to side  
3&4      Cross R behind L. ¼ turn L. Step forward L. Step forward R. 9:00  
5&6&      Rock forward on L. Recover onto R. Rock back on L. Recover onto R  
7&8      Step forward L. Pivot ½ turn R. Step forward L. 3.00.

### S2: □□ Diagonal Locksteps Forward, Mambo ¼ Turn L, Hitch, Cross Shuffle

1&2      Step R to R diagonal. Lock L behind R. Step R to R diagonal  
&3&4      Step L to L diagonal. Lock R behind L. Step L to L diagonal. Step R to R diagonal  
5&6&      Rock forward L. Recover onto R. ¼ turn L. Step L to side. Hitch R knee beside L 12.00  
7&8      Cross R over L. Step L to side. Cross R over L.

### S3: □□ Point, Hitch, Cross, Twist R-L-R (¾ Turn) Side Rock, Rock Back, Run Forward x 3

1&2      Point L to side. Hitch L knee beside R. Cross L over R  
3&4      Twist ½ turn R. Twist ½ turn L. Twist ½ turn R (weight ends on L) 6:00  
5&6&      Step R to side. Touch L beside R. Step L to side. Touch R beside L  
7&8      Run forward R-L-R

### S4: □□ Side Rock into Syncopated Weave ¼ Turn R, Rocking Chair, Kick Ball Step

1&2&      Rock L to side. Recover onto R. Cross L over R. Step R to side  
3&4      Cross L behind R. ¼ turn R. Step forward R. Step forward L 9:00  
5&6&      Rock forward R. Recover onto L. Rock back R. Recover onto L  
7&8      Kick R forward. Step R beside L. Step L forward

Ending: Facing back wall: Replace steps 5&6 (section 2) with Mambo ½ turn L  
To bring you back to front