Morning Sun



拍數: 36 牆數: 2 級數:

編舞者: Gordon Elliott (AUS) - January 2015

音樂: Morning Sun and Memories - Mike Denver: (Album: Morning Sun & Memories -

Single.)



This dance is done in TWO directions. Introduction: 16 Beats

ACROSS, ROCK & ACROSS-SIDE-BEHIND-1/4 FORWARD-PIVOT TURN, FORWARD-FULL TURN &

1, 2 &	Step R Across In Front Of Left, Rock Onto L, Step R To The Side,
3 &	Step L Across In Front Of Right, Step R To The Side,
4 &	Step L Behind Right, Turn 90deg Right Step R Forward,
5, 6	Pivot : Step L Forward, Turn 180deg Right Take Weight Onto R,
7 &	Step L Forward, Turn 180deg Left Step R Back,
8 &	Turn 180deg Left Step L Forward, Step R Forward.

FORWARD, ROCK & SWEEP, SWEEP, BACK-TOGETHER-FORWARD-TOGETHER-FORWARD, ROCK & BACK, ROCK &

1, 2 &	Step L Forward, Rock Back Onto R, Step L Together,
3, 4	Sweep To Step R Back, Sweep To Step L Back,
5 &	Step R Back, Step L Together,
6 &	Step R Forward, Step L Together,
7, 8 &	Step R Forward, Rock Back Onto L, Step R Together,
9,10 &	Step L Back, Rock Forward Onto R, Step L Together.

PADDLE TURN, ACROSS-SIDE-BEHIND-SWEEP-BEHIND-SIDE-ACROSS-SWEEP-FORWARD-FORWARD

1, 2	Paddle: Step R Forward, Turn 90deg Left Take Weight Onto L ##
3 &	Step R Across In Front Of Left, Step L To The Side,
4 &	Step R Behind Left, Sweep L Toe To The Side,
5 &	Step L Behind Right, Step R To The Side,
6 &	Step L Across In Front Of Right, Sweep R Toe To The Side,
7, 8	Sweep To Step R Forward, Sweep To Step L Forward.

FORWARD, ROCK-1/2 TURN-FORWARD, ROCK-1/2 TURN-ACROSS-BACK-BACK, ACROSS-BACK-BACK, BACK, ROCK

1, 2 &	Step R Forward, Rock Back Onto L, Turn 180deg Right Step R Forward,
3, 4 &	Step L Forward, Rock Back Onto R, Turn 180deg Left Step L Forward,
5 & 6	Step R Across In Front Of Left, Step L Back, Step R Back,
7 & 8	Step L Across In Front Of Right, Step R Back, Step L Back,
9, 10	Step R Back, Rock Forward Onto L. **

[36] DREPEAT THE DANCE IN NEW DIRECTION

TAG: At the END (**) of WALL 2 (FRONT) add the following tag

1, 2	Step R Forward, Rock Back Onto L,
3. 4	Step R Back, Rock Forward Onto L.

RESTART: On WALL 5 dance to BEAT 20 (##) & RESTART facing the BACK.