

# I'm The One

拍數: 32      牆數: 4      級數: Improver  
編舞者: Jean LW LeQUEUX (FR) - March 2015  
音樂: Billie Jean Bossa Nova by Susan Wong



RF: right foot; LF: left foot; FT: feet together; RL: right leg, LL: left leg, LA: legs apart, RT: right toes; LT: left toes; RH: right heel; LH: left heel; RK: right knee; LK: left knee, RP: right palm; FP: left palm; RAR: right arm; LAR: left arm; RSh: right shoulder; LSh: left shoulder; RE: right elbow, LE: left elbow; RHd: right hand, LHd: left hand, RHp: right hip; LHp: left hip, RTh: right thigh, LTh: left thigh; WoRF: weight on RF, WoLF: weight on LF

## SECTION I: MOONWALK BOSSA NOVA

Start WoLF, LT touch RH, RH down/on LT

- 1            Glide RF back, maintaining body bent forward, switch (LH down/on RT)
- 2            Glide LF back, maintaining body bent forward, switch (RH down/on LT)
- 3            Glide RF back, maintaining body bent forward
- 4            Tap LT near RH
- 5, 6, 7      like 1, 2, 3
- 8            Tap LT near RF, FT

## SECTION II: BOSSA NOVA BOX, JAZZ BOX

**BOSSA NOVA BOX**

- 1            RF right
- 2            LF near right
- 3            RF behind
- 4            LT tap near RF, FT, LH down

**JAZZ BOX**

- 5            RF crosses LF
- 6            LF on left side
- 7            RF right
- 8            LT tap near RF

## SECTION III: CORCOVADO FORWARD, VALPARAISO FORWARD

**CORCOVADO: STRETCH ARMS, HOLD ARMS AT THE LEVEL OF SHOULDERS (LIKE A CROSS, THE CORCOVADO CROSS)**

- 1            Step RF forward on left diagonal
- 2            Step LF forward on left diagonal
- 3            Step RF near LF, FT
- 4            Tap LT

**VALPARAISO: STRETCH AND HOLD ARMS IN V, LIKE IN VALPARAISO**

- 5            Step RF forward on right diagonal
- 6            Step LF forward on right diagonal
- 7            Step RF near LF, FT
- 8            Tap LT, FT, WoLF

## SECTION IV: SPIN LEFT, ½ TURN RIGHT, ¼ TURN RIGHT

- 1, 2, 3      Spin-spot turn (360°) left
- 4            Tap LT
- 5, 6        ½ turn right
- 7            RF behind, ¼ turn right
- 8            Tap LT

Do it again, cowboys (gaúchos) & cowgirls (gaúchas)!

eMail: [jean\\_lw\\_lequeux@yahoo.com](mailto:jean_lw_lequeux@yahoo.com)

---