

# Head Phones (耳機訴情) (zh)

COPPER KNOB  
BY STEPHEN BRETZ

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Maggie Gallagher (UK) - 2008年07月  
音樂: Headphones (Almighty Anthem Edit) - LeAnn Rimes : (CD: Almighty CDM)



前奏 : Intro: 64 counts (29 secs) Start on Main Vocals (Total Song Duration 3m 42s)

- 第一段**      **Walk, 1/2 Right, 1/4 Right, Point Left, 1/4 Left, Point Right, Right Kick-Ball-Change**  
走, 右轉1/2, 右轉1/4, 左點, 左轉1/4, 右點, 右踢交換
- 1,2      Walk forward right, Make 1/2 turn right stepping back on left (6.00)  
右前走步, 右轉180度左足後踏(6點鐘)
- 3,4      Make 1/4 turn right stepping right to right side, Point left toe to left side (9.00) 右轉90度右足右踏,  
左足趾左點
- 5,6      Make 1/4 turn left stepping onto left, Point right toe to right side (6.00) 左轉90度左足踏, 右足趾右  
點(6點鐘)
- 7&8      Kick forward on right, Step right next to left, Step left in place  
右足前踢, 右足併踏, 左足踏
- 第二段**      **Step, 1/2 Pivot, Rock, Recover, Full Turn Right, Left Shuffle**  
踏, 轉1/2, 下沉, 回復, 右轉圈, 左交換
- 1,2      Step forward on right, Make 1/2 pivot turn left turn left (weight back on right) (12.00)  
右足前踏, 左轉180度重心在右足(12點鐘)
- 3,4      Rock back on left, Recover onto right 左足後下沉, 右足回復
- 5,6      1/2 turn right stepping back on left, 1/2 turn right stepping forward on right (12.00) 右轉180度左足  
後踏, 右轉180度右足前踏(12點鐘)
- 7&8      Step forward on left, Step right beside left, Step forward on left  
左足前踏, 右足併踏, 左足前踏
- 第三段**      **Side, Hold, Together, Right Cross, Hold, Heel Jack, Hold, Together, Cross Rock, Recover** 側, 候,  
併, 右交叉, 候, 併, 交叉下沉, 回復
- 1,2      Step right to right side, HOLD 右足右踏, 候
- &3,4      Step left beside right, Cross right over left, HOLD  
左足併踏, 右足於左足前交叉踏, 候
- &5,6      Step back on left, Tap right heel forward on right diagonal, HOLD  
左足後踏, 右足踵右斜角線前點, 候
- &7,8      Step right beside left, Cross rock left over right, Recover onto right (12.00) 右足併踏, 左足於右足  
前交叉下沉, 右足回復
- 第四段**      **Side, 1/2 Hinge Left X2, Left Side Chasse, Rock Back, Recover, Right Side Chasse** 側, 左鏈轉1/2  
二次, 左追步, 交叉下沉, 回復, 右追步
- 1,2      Step left to left side, 1/2 hinge turn left stepping right to right side (6.00) 左足左踏, 左鏈轉180度右  
足右踏(6點鐘)
- 3&4      1/2 hinge turn left stepping left to left side, Step right next to left, Step left to left side (12.00)  
左鏈轉180度左足左踏, 右足併踏, 左足左踏(12點鐘)
- 5,6      Rock back on right, Recover onto left  
右足後下沉, 左足回復
- 7&8      Step right to right side, Step left next to right, Step right to right side 右足右踏, 左足併踏, 右足右  
踏

## 第五段

**Turn 1/4 Left With Stomp, Hold, Right Sailor, Cross, Hitch, Back, Point** 左轉1/4重踏, 候, 右水手, 交叉, 抬, 後, 點

- 1,2 Make 1/4 turn left stomping left to left side, HOLD (9.00)  
左轉90度左足左重踏, 候(9點鐘)
- 3&4 Cross right behind left, Step left to left side, Step right to right side 右足於左足後交叉踏, 左足左踏, 右足右踏
- 5,6 Cross step forward on left, Hitch right knee forward  
左足前交叉踏, 右膝蓋前抬起
- 7,8 Step back on right (diagonal), Point left toe to left side (9.00)  
右足斜角線後踏, 左足趾左點(9點鐘)

## 第六段

**Left Cross, Right Kick Ronde Forward, Right Jazz, Side Touches**  
左交叉, 右踢繞前, 右爵士方塊, 側點

- 1,2 Cross left over right, Kick right forward sweeping over left  
左足於右足前交叉踏, 右足前踢繞至左足前
- 3,4 Cross right over left, Step back on left  
右足於左足前交叉踏, 左足後踏
- 5,6 Step right to right side, Touch left next to right  
右足右踏, 左足併點
- 7,8 Step left to left side, Touch right next to left (9.00)  
左足左踏, 右足併點(9點鐘)

RESTART OCCURS AFTER 48 counts DURING wall 2. You will be facing the back wall 第二面牆跳到這兒面向後面牆時, 從頭起跳

## 第七段

**Walks Back, Out, Out, Back, 1/2 Turn, Step, 1/2 Pivot, Step**  
後走, 外, 外, 後, 轉1/2, 踏, 轉1/2, 踏

- 1,2 Walk back right, Walk back left 右後走步, 左後走步
- &3,4 Step out on right, Step out on left, Step back on right  
右足右踏, 左足左踏, 右足後踏
- 5,6 Make 1/2 turn left stepping forward on left, Step forward on right (3.00)  
左轉180度左足前踏, 右足前踏(3點鐘)
- 7,8 1/2 pivot left with weight on left, Step forward on right (9.00)  
左轉180度重心在左足, 右足前踏(9點鐘)

## 第八段

**Full Turn Right, Left Shuffle, Right Jazz - Step**  
右轉圈, 左交換, 右爵士方塊, 踏

- 1,2 1/2 turn right stepping back on left, 1/2 turn right stepping forward on right (9.00) 右轉180度左足後踏, 右轉180度右足前踏(9點鐘)
- 3&4 Step forward on left, Step right next to left, Step forward on left  
左足前踏, 右足併踏, 左足前踏
- 5,6 Cross right over left, Step back on left  
右足於左足前交叉踏, 左足後踏
- 7,8 Step right to right side, Step forward on left (9.00)  
右足右踏, 左足前踏(9點鐘)
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