

Wings

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Daan Geelen (NL) & Tommie Nijhuis (NL) - March 2015
音樂: Wings - Little Mix



Restarts:

End of wall 1 after section 6

End of wall 3 after section 7

End of wall 7 after section 6 □

Section 1: □ Kick R L, Shuffle, Mambo ½ Turn, Shuffle ½ Turn.

1&2& Kick R Fwd, Close R next to L, Kick L Fwd, Close L next to R
3&4 Step R Fwd, Close L next to R, Step R Fwd
5&6 Rock L Fwd, Recover to R, Step L ½ Turn Fwd
7&8 Step R ¼ Turn Left to Rightside, Close L next to R, Step L ¼ Turn Left Back

Section 2: □ Sailorstep, Sambasteps 2x, Kick Ball Change.

1&2 Step L behind R, Close R next to L, Step L to Leftside
3&4 Cross R over L, Rock L to Leftside, Recover to R
5&6 Cross L over R, Rock R to Rightside, Recover to L
7&8 Kick R Fwd, Close R next to L, Recover weight to L

Section 3: □ Kick, ¼ Touch, Touch, Monterey ½, Rock Recover Step side, Cross, Step Back ¼, Step Side.

1&2& Kick R Fwd, Step R in place ¼ Turn Right, Touch Left to Leftside, Close L next to R
3 4 Touch R to Rightside, ½ Turn Right Touch L to Leftside
5&6 Cross L over R, Recover to R, Step L to Leftside
7&8 Cross R over L, Step L ¼ Turn Right Back, Step R to Rightside

Section 4: □ Cross Shuffle, Twist ½ Turn, Twist Back, Step ¼, Step ½, Step ¼ Slide.

1&2 Cross L over R, Close R next to L, Cross L over R
3 4 Twist on both feet ½ Turn Right, Twist on both feet ½ Turn Left
5 6 Step L ¼ Turn Left Fwd, Step R ½ Turn Left Back
7 8 Step L ¼ Turn Left to Leftside, Drag R next to L

Section 5: □ Wizard Steps, Syncopated vine

1 2& Step R diagonal Fwd, Close L next to R, Step R diagonal Fwd
3 4& Step L diagonal Fwd, Close R next to L, Step L diagonal Fwd
5 6& Step R to Rightside, Step L behind R, Step R to Rightside
7 8 Cross L over R, Step R to Rightside

Section 6: □ Sailorstep, Close, Rock recover, Sailorstep, Step Pivot

1&2 Step L behind R, Close R next to L, Step L to Leftside
&34 Close R next to L, Rock L to Leftside, Recover to R
5&6 Step L behind R, Close R next to L, Step L to Leftside
7 8 Step R Fwd, Pivot ½ Left

Section 7: □ RockStep, Coasterstep, Cross, Ball, Touch, Ball, Cross, Step ½

1 2 Rock R Fwd, Recover to L
3&4 Step R Back, Close L next to R, Step R Fwd
5&6 Cross L over R, Step R Rightside, Touch L diagonal Left Fwd
&78 Close L next to R, Cross R over L, ½ Turn on both feet Left

Section 8: □ Walk R L, ¼ Turn, Ball Cross, Ball, Touch, Step ¼, Step ½ Turn, Shuffle

1 2 Step R Fwd, Step L Fwd

&3&4 Step R ¼ Turn Left to Rightside, Cross L over R, Step R to Rightside, Touch L to Leftside
5 6 Step L ¼ Turn Right, Step R ½ Turn Left Back
7&8 Step L ¼ Turn Left to Leftside, Close R next to L, Step L ¼ Turn Left Fwd

Start Again!!! Enjoy!!!
