

# Minutes Seem Like Hours

**COPPER** **KNOB**  
BY STEPHEN

拍數: 32      牆數: 4      級數: Improver  
編舞者: Gurli Christiansen (DK) - March 2015  
音樂: Minutes - Mike Oldfield : (Album: Man on the Rocks - iTunes)



**Intro: 16 counts – Start with weight on L foot.**

**TAG: 4 count Tag: after wall 5, 8 and 11,**

1-4                  jazzbox: Cross R over L, step L back, step R to right side, step L forward.

**Sugar foot, quarter turn right, quarter turn right, back, tap forward, quarter turn left, quarter turn left**

1 - 2                  Touch R toe to left instep. Touch R heel to left instep.  
3 - 4                  Turn ¼ R crossing R over L, turn ¼ R stepping back on L  
5 - 6                  Step R foot back, hook L in front of right foot.  
7 - 8                  Turn ¼ L crossing L over R, turn ¼ L stepping back on R

**Left vine, touch. Side, cross kick left forward, side, cross kick right backwards.**

1 - 2                  Step L to left side, cross R over L  
3 - 4                  Step L to left side, touch R next to left.  
5 - 6                  Step R to right side, kick L fwd and across right  
7 - 8                  Step L to left side, kick R backwards and across left

**¼ turn left, left hook, point right. Left weave. ¼ turn left.**

1 - 2                  Turn R ¼ left, hook L in front of right leg.  
3 - 4                  Step L forward, point R to right side  
5 - 6                  Cross R over L, step L to left side  
7 - 8                  Cross R behind L, step L ¼ turn left.

**Step forward, back lock, side, back lock, back, ¼ turn left.**

1 - 2                  Step R forward, step back on L  
3 - 4                  Cross right over left, step back on left  
5 - 6                  Step R to right side, cross L over R  
7 - 8                  Step R back, step L ¼ turn left forward.

**Start again.**

**Ending: 25 counts. After weave, ¼ turn left. Step forward and make ½ turn left**

I hope you'll enjoy it.

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