

There's The Door!

拍數: 64 牆數: 4 級數: Low Intermediate
編舞者: Alison Metelnick (UK) & Peter Metelnick (UK) - February 2015
音樂: Out the Door - The Mavericks



Start after 16 count intro on verse vocal – [128 bpm – 3mins 30 secs] No Tags Or Restarts

Dance needed to have another name as opposed to Out The Door as we already have a dance called Out The Door

[1-8] □ R strut, L cross strut, R chasse, ½ L forward shuffle

1-4 Touch R toes side, step R heel, cross touch L toes over R, step L heel down
5&6 Step R side, step L together, step R side
7&8 Turning ½ left step L forward, step R together, step L forward (6 o'clock)

[9-16] □ R strut, L cross strut, R chasse, L sailor

1-4 Touch R toes side, step R heel, cross touch L toes over R, step L heel down
5&6 Step R side, step L together, step R side
7&8 Cross step L behind R, step R side, step L side

[17-24] □ R cross step, ¾ R hinge turn, L fwd, R fwd shuffle, L fwd, ½ R pivot turn

1-4 Cross step R over L, turning ¼ right step L back, turning ½ right step R forward, step L forward (3 o'clock)
5&6 Step R forward, step L together, step R forward
7-8 Step L forward, pivot ½ right (9 o'clock)

[25-32] □ L fwd shuffle, R cross step, L back, R back, L cross step, R back, ¼ L & L side

1&2 Step L forward, step R together, step L forward
3-6 Cross step R over L, step L back, step R back, cross step L over R
7-8 Step R back, turning ¼ left step L side (6 o'clock)

BIG ENDING: The dance finishes on count 32 of the dance facing 12 o'clock just strike a pose!

[33-40] □ R cross rock/recover, R chasse, R weave

1-2 Cross rock R over L, recover weight on L
3&4 Step R side, step L together, step R side
5-8 Cross step L over R, step R side, cross step L behind R, step R side

[41-48] □ L cross rock/recover, ¼ L shuffle, ½ L shuffle, L coaster

1-2 Cross rock L over R, recover weight on R
3&4 Turning ¼ left step L forward, step R together, step L forward (3 o'clock)
5&6 Turning ½ left step R back, step L together, step R back (9 o'clock)
7&8 Step L back, step R together, step L forward

[49-56] □ R/L fwd cross points, ¼ R jazz box cross

1-4 Cross step R forward, point L side, cross step L forward, point R side
5-8 Cross step R over L, step L back, turning ¼ right step R side, cross step L over R (12 o'clock)

[57-64] □ ¼ R Monterey, L scissor, ½ L hinge, R cross rock/recover

1-2 Touch R side, turning ¼ right step R together (3 o'clock)
3&4 Step L side, step R together, cross step L over R
5-8 Turning ¼ left step R back, turning ¼ left step L side, cross rock R over L, recover weight on L (9 o'clock)

Contact - Tel: 01462 735778 - Email: info@thedancefactoryuk.co.uk - Website: www.thedancefactoryuk.co.uk
