Happy New Year!



拍數: 64 牆數: 2 級數: Phrased Improver

編舞者: JinLan Diong (MY) - February 2015

音樂: Xin Nian Xiu (新年秀) - M-Girls (四个女生)



Sequence: ABBA Bridge (32) BBA Bridge(32) BABA Bridge (16) BA all the way

Part A: 32 count

A1: Low Jump, Hip Bump. Low Jump, Hip Bump. Back, Touch. Back, Touch

Low jump fwd on R, touch L next to R, hip bump L,R Low jump fwd on L, touch R next to L, hip bump R,L

5678 Step back on R, touch L next to R (clap). Step back on L, touch R next to L (clap)

A2: Coaster Scuff, Step, Hitch Turn, Step, Hitch Turn

1234 Step back on R, step together on L, step fwd on R, scuff on L

Step L fwd, hitch R making ½ turn right. Step R back, hitch L making ½ right

A3: Rocking Chair, Step, Shimmy Turn

1234 Rock fwd on L, recover on R, rock back on L, recover on R

Stomp L fwd, shimmy making ½ turn right with ending weight on left

A4: Step, Scuff, Step, Scuff, Paddle ¼, Paddle ¼

1234 Step fwd on R, scuff on L, step fwd on L, scuff on R

5678 Step R fwd make Paddle ¼ turn. Step R fwd make Paddle ¼ turn

Part B: 32 count

B1: Walk Fwd, Touch. Walk Back, Touch

Walk fwd R,L,R, touch beside on L (clap)
Walk back L,R,L, touch beside on R (clap)

B2: Step, Touch. Step, Touch. Step, Hip Roll, Step, Hip Roll

1234 Step R to right side, touch L next to right. Step L to left side, touch R next to L

Step R to right side, hip roll to right. Step L to left side, hip roll to left

B3:Rocking Chair, Jazz Box

1234 Rock fwd on R, recover on L, Rock back on R, recover on L

5678 Cross R over left, step back on L, step R to right side, cross L over right

B4: Vine, Scuff 1/4 Turn R. Vine, Scuff

Step R to right side, step L behind right, step R ¼ turn right, scuff L ¼ turn right

5678 Step L to left side, step R behind L, step L to left side, scuff R fwd.

Bridge (32 count)

Br1: Twist to R, Stomp. Twist To L, Stomp

1234 Twist Heels to right, twist toes to right, twist heels to right, stomp L next to right (clap)

Twist heels to left, twist toes to left, twist heels to left, stomp R next to left

Br2: Fwd, Touch, Back, Touch. Back, Touch, Fwd, Touch

Step fwd on R, touch L next to right (clap). Step back on L, touch R next to left (clap)

Step back on R, touch L next to right (clap). Step fwd on L, touch R next to left (clap)

(Bridge 16 count dance till here)

Br3: R Shuffle, L Shuffle, Rolling Turn R, Touch

1&23&4 Step R fwd to right diagonal, step L next to right, step R to right diagonal. Step L fwd to left

diagonal, step R next to left, step L to left diagonal

Rolling vine full turn right, touching L next to right (clap)

Br4: L Shuffle, R Shuffle, Rolling Turn L, Touch

1&23&4 Step L fwd to left diagonal, step R next to left, step L to left diagonal. Step R fwd to right

diagonal, step L next to right, step R to right diagonal

Rolling vine making full turn left, touching R next to left (clap)

Happy Dancing!!

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