

Whole Lotta Shakin'

拍數: 48 牆數: 4 級數: Beginner / Improver
編舞者: Adrian Helliker (FR) & Annemaree Sleeth (AUS) - March 2015
音樂: Whole Lotta Shakin' - Heartbeat : (Album: True Love - 2:31)



Alternate: Whole Lotta Shakin – Jerry Lee Lewis : Album: The definitive Collection length 2.52
Intro: 16 Counts -Start On Vocals (Have fun with both endings of each music you chose)
Shake Shoulders when the vocals call for" Shake “

Intro 16 Counts Start on Vocals (" Come on ") No Tags No Restarts

[1-8]] TOE STRUT, CROSS TOE STRUT , TOE STRUT, ROCK BACK & RECOVER

1-2 Tap Right Toe diag Fwd, Step right Side, (clicking fingers on Toe Struts)
3-4 Tap Left Toe Across right, Step On left,
5-6 Tap Right Toe diag back, step On right ,
7-8 Rock Left back, recover onto Right

[9-16] TOE STRUT, CROSS TOE STRUT, ¼ L BACK TOE STRUT, BACK RECOVER

1-2 Tap Left Toe diag Fwd, Step left Side ,
3-4 Cross Right Toe Across right, Step on right,
5-6 ¼ Turn Left Tap left Toe Back , Step on Left
7-8 Rock R Behind Left , Recover left ,

[17-24] ½ MONTEREY TURN X2

1-2 Point Right toe to right side, ½ turn Right on ball of left stepping Right beside Left
3-4 Point Left to left side, step left beside right
5-6 Point Right toe to right side, ½ turn right on ball of left stepping right beside left
7-8 Point Left to left side, step left beside right (weight even on both feet)

[25-32] SWIVELS RIGHT, HOLD & CLAP, SWIVELS LEFT, HOLD & CLAP

1-2 Swivel the heels to the Right, swivel the toes to the Right
3-4 Swivel the heels to the Right, hold & clap the hands
5-6 Swivel the heels to the Left, swivel the toes to the Left
7-8 Swivel the heels to the Left, hold & clap the hands

[33-40] BOOGIES FORWARD SLOW, QUICK BOOGIES

1-2 Cross R Over L, Hold(Shimmy On Holds)or snap fingers
3-4 Cross L Over R, Hold (Shimmy On Holds) or snap fingers
5-6 Twist R Fwd, Twist L Fwd (Bending Knees As Twist Or Walk Forward 4 R, L, R, L)
7-8 Twist R Fwd, Step Fwd On L (weight Left)

[41-48] ELVIS KNEES RIGHT & LEFT WITH HOLDS, PIVOT ½ TURN LEFT X2,

1-2 Roll Right Knee in towards Left, hold (weight Left)
3-4 Roll Left Knee in towards Right, hold, (weight Right)
& Step on L next To Right ,
5-6 Step Right forward, pivot ½ turn Left weight on Left
7-8 Step right forward, pivot ½ turn Left weight on Left

Extra Elvis Knees to finish

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